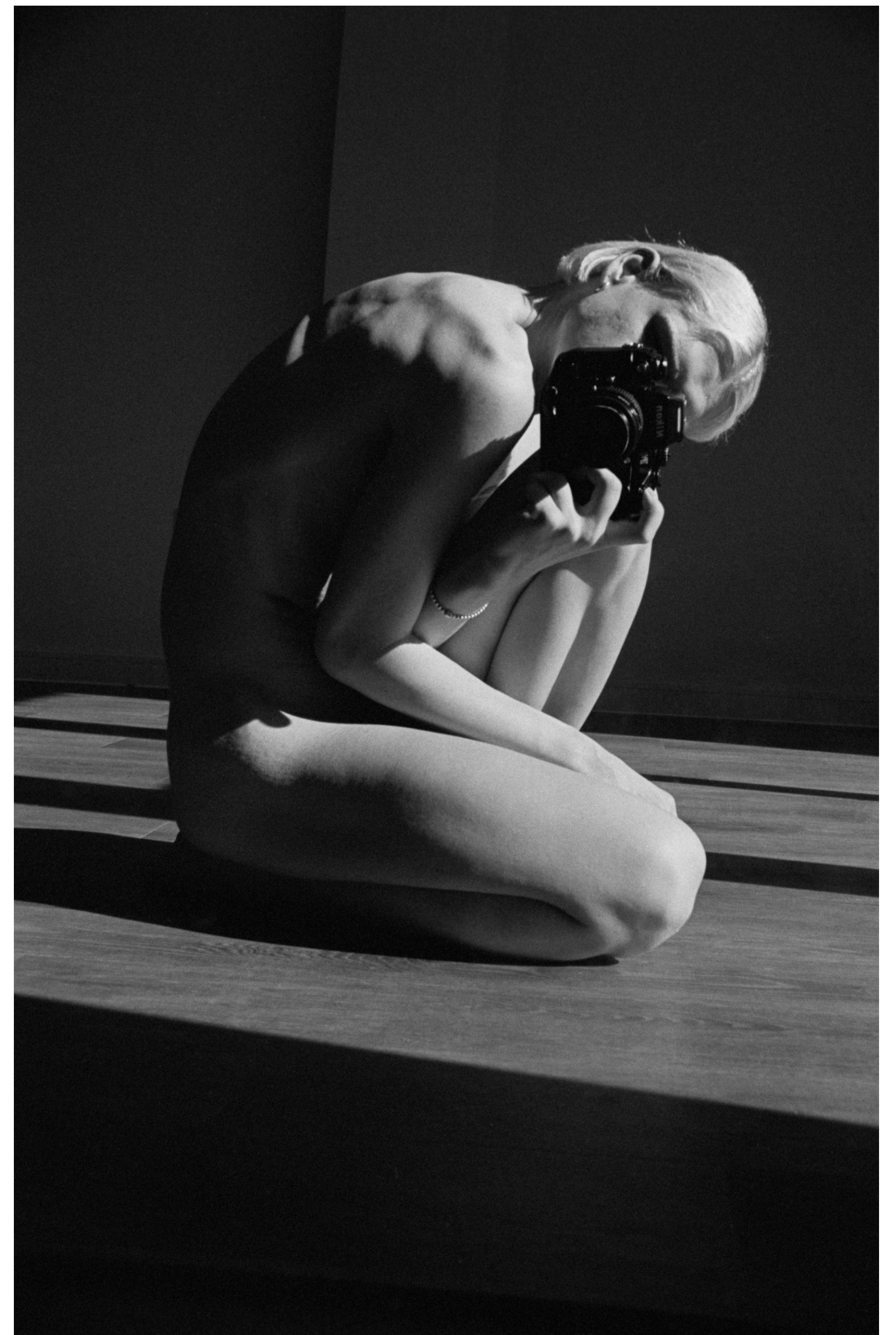


# Alone at Home

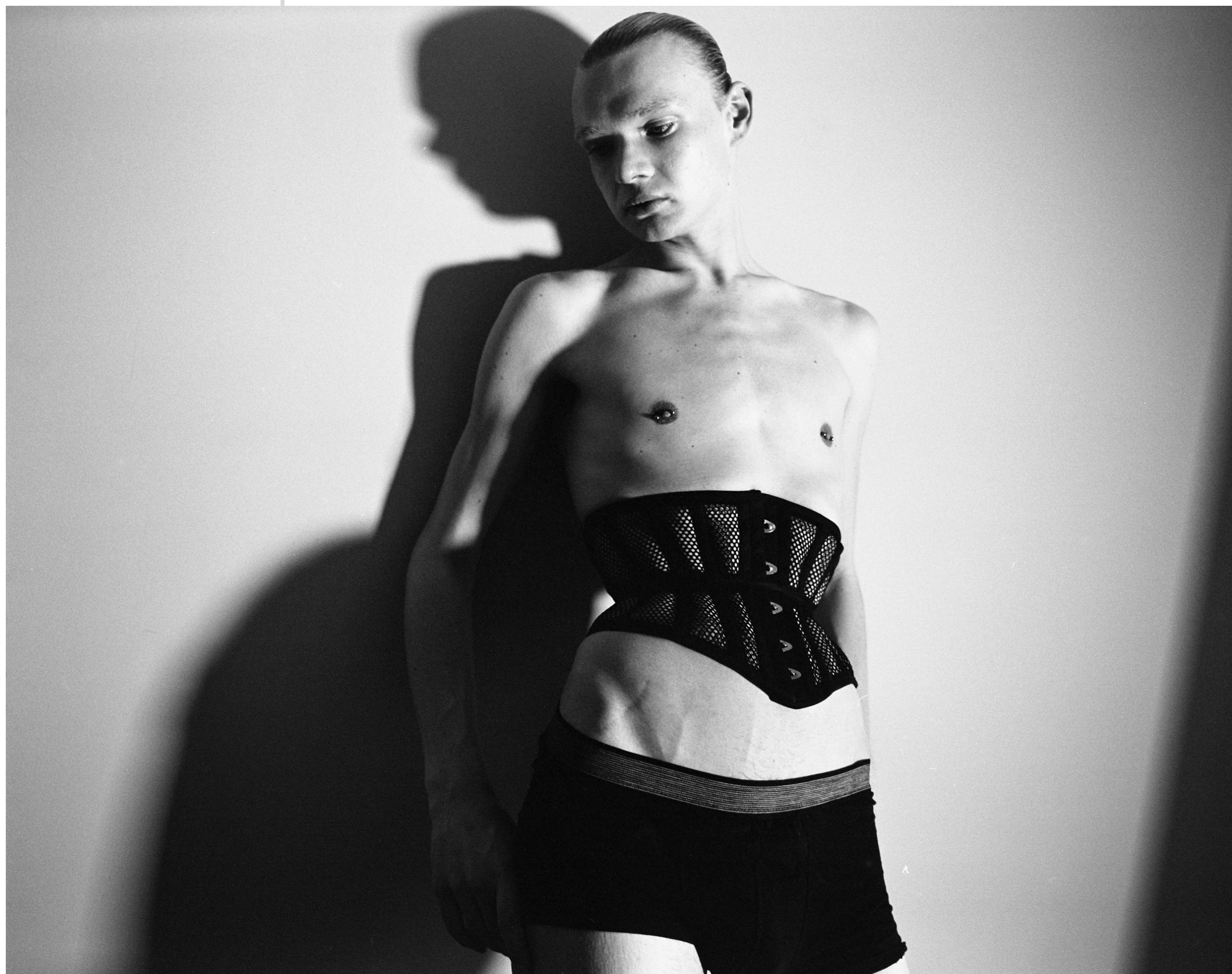
by Luke Day

Alone At Home is a deeply personal photographic project that explores the intersection of gender identity, transformation, and body image through self-portraiture and fashion.

Rooted in memories of private childhood experimentation, dressing in my mother's heels, makeup, and clothing, this project revisits how those early, intimate acts helped me navigate the first waves of gender dysphoria. Fashion became a powerful tool for self-discovery and expression, but it also contributed to body dysmorphia and an ongoing, unhealthy relationship with food and self-image.



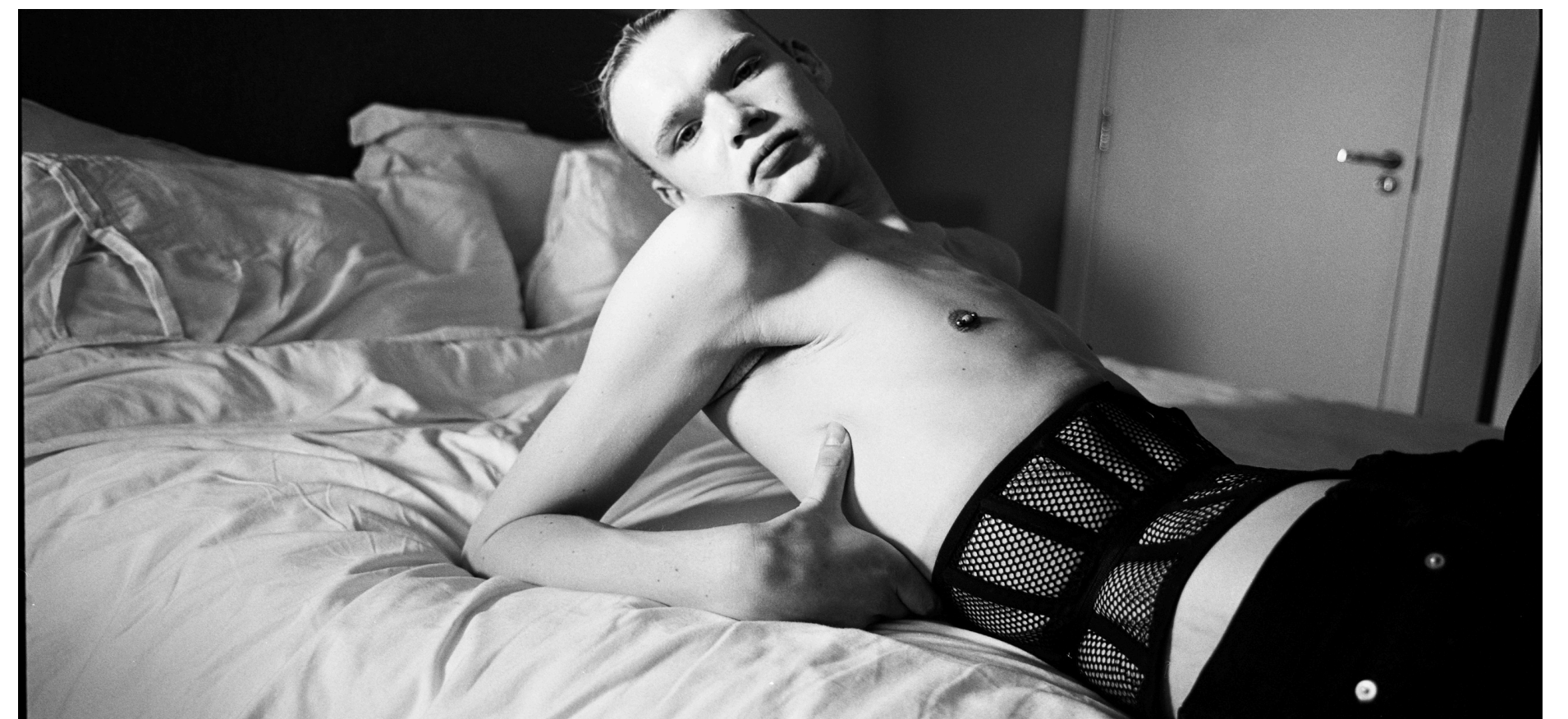
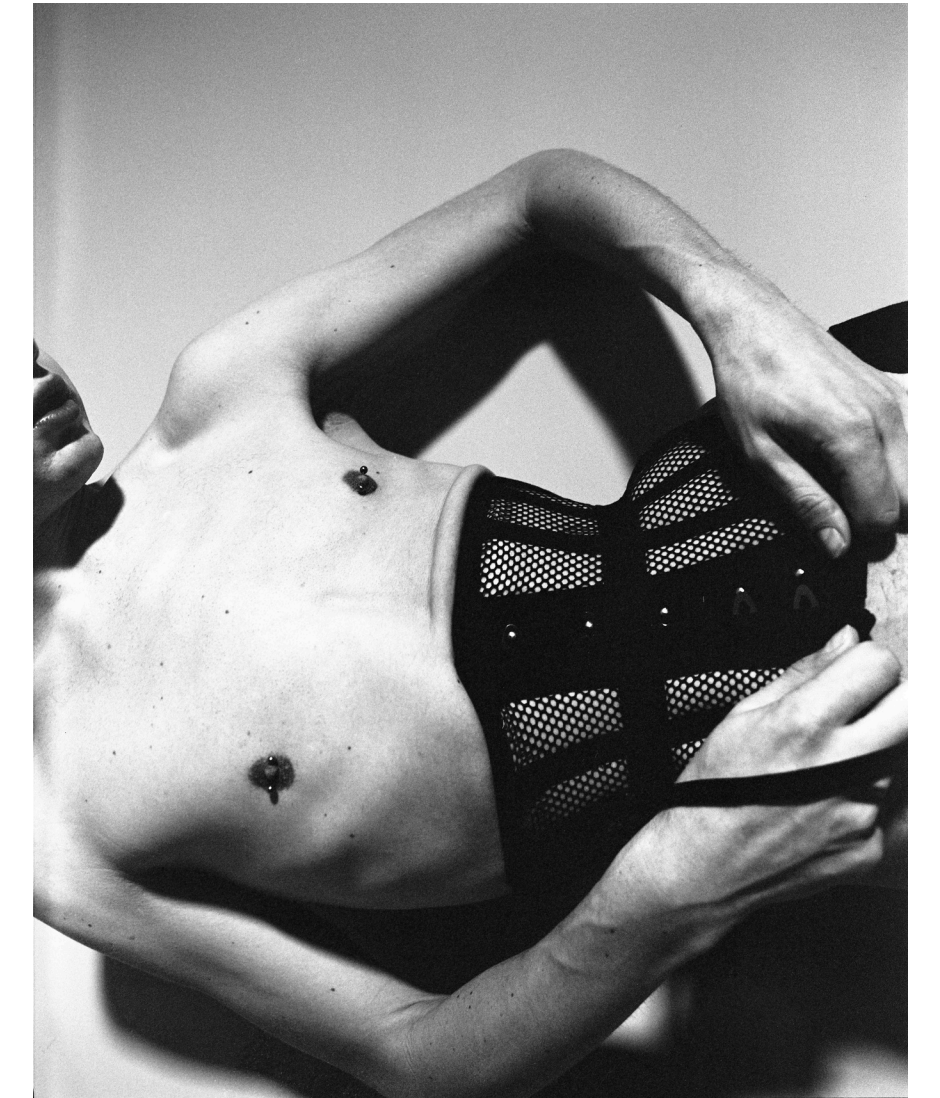
Alone at Home



Alone at Home



Alone at Home



Alone at Home



Alone at Home



Alone at Home



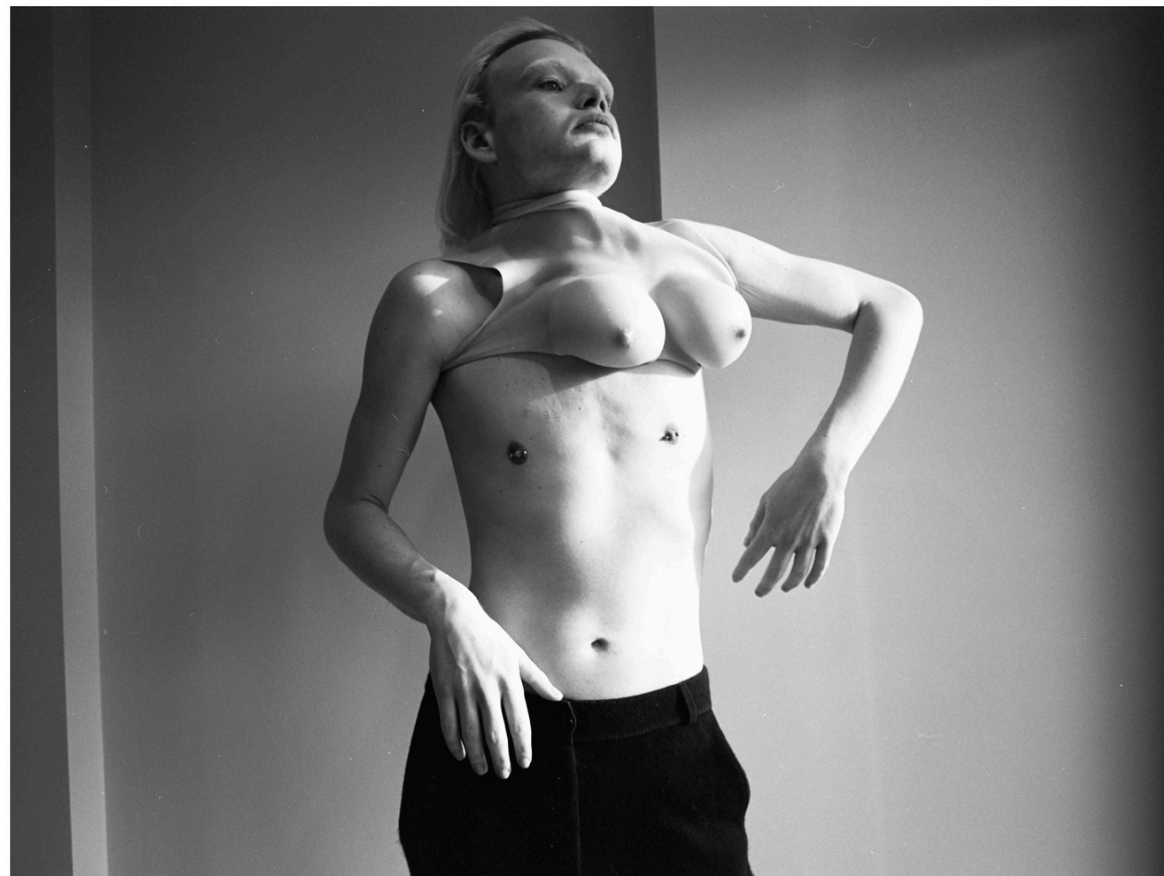
Alone at Home



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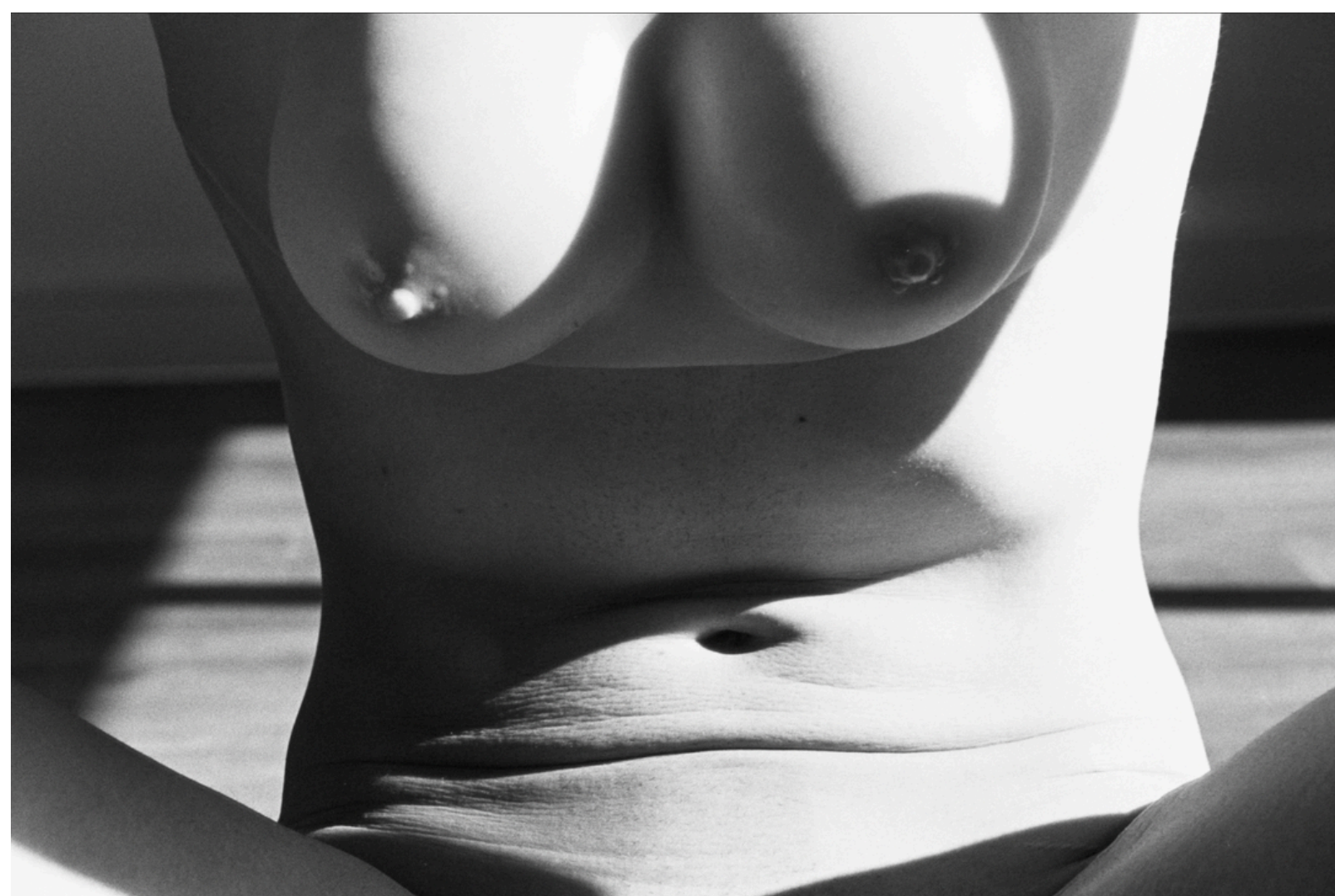
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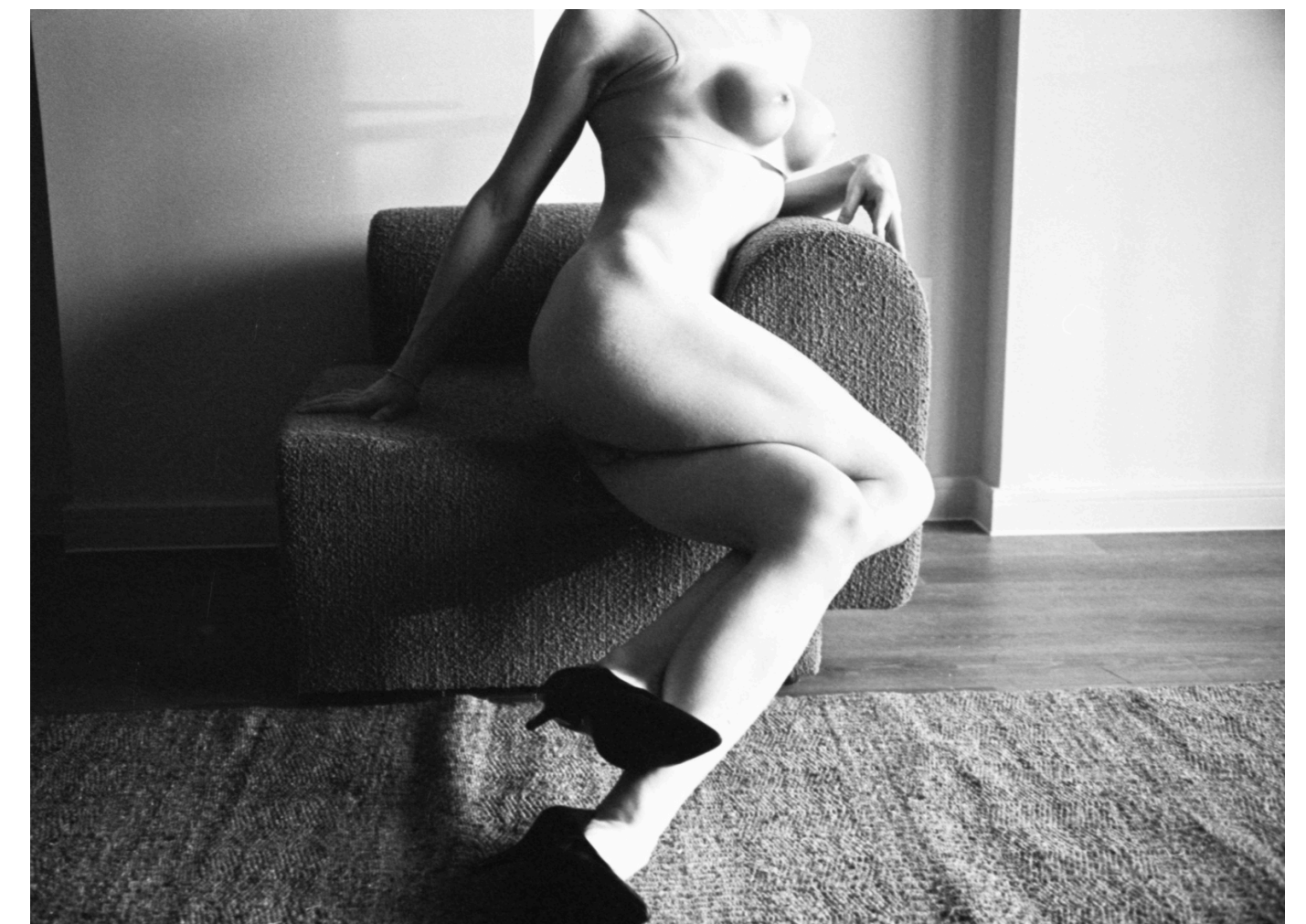
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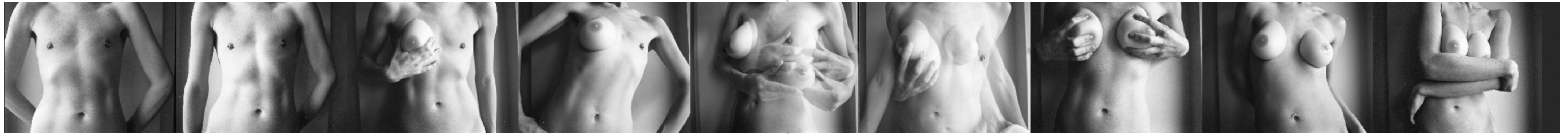
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Alone at Home



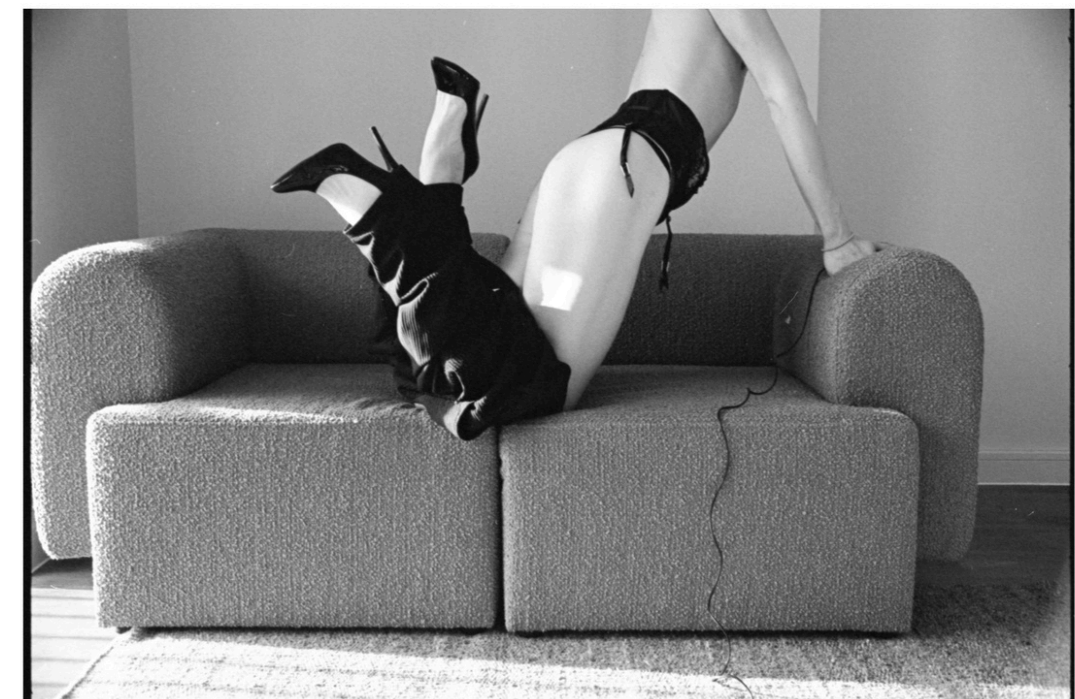
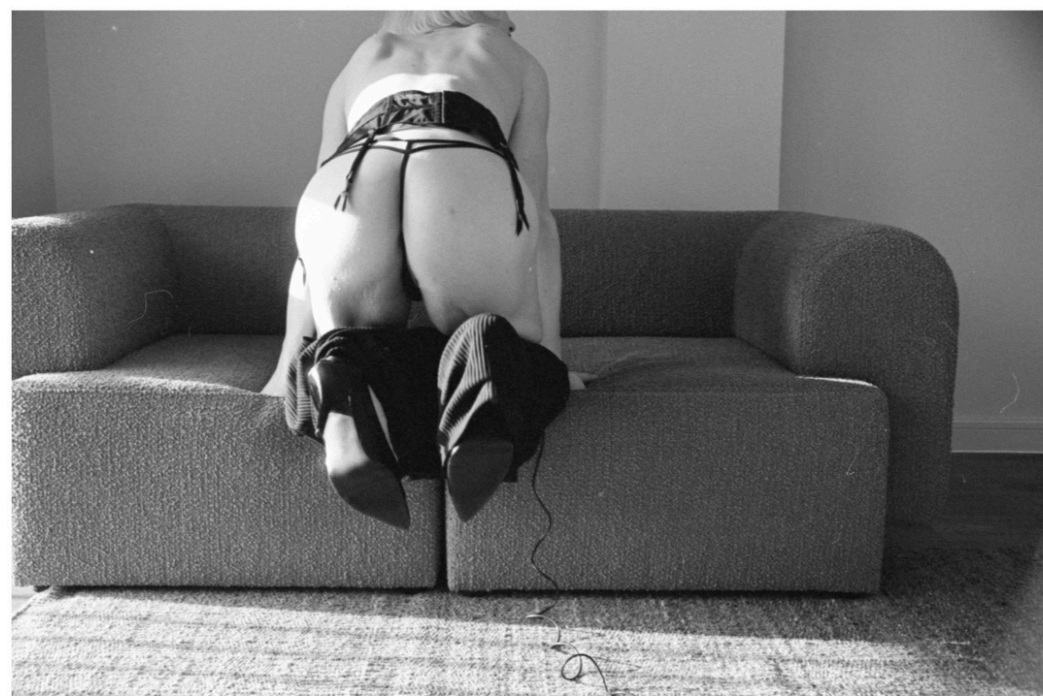
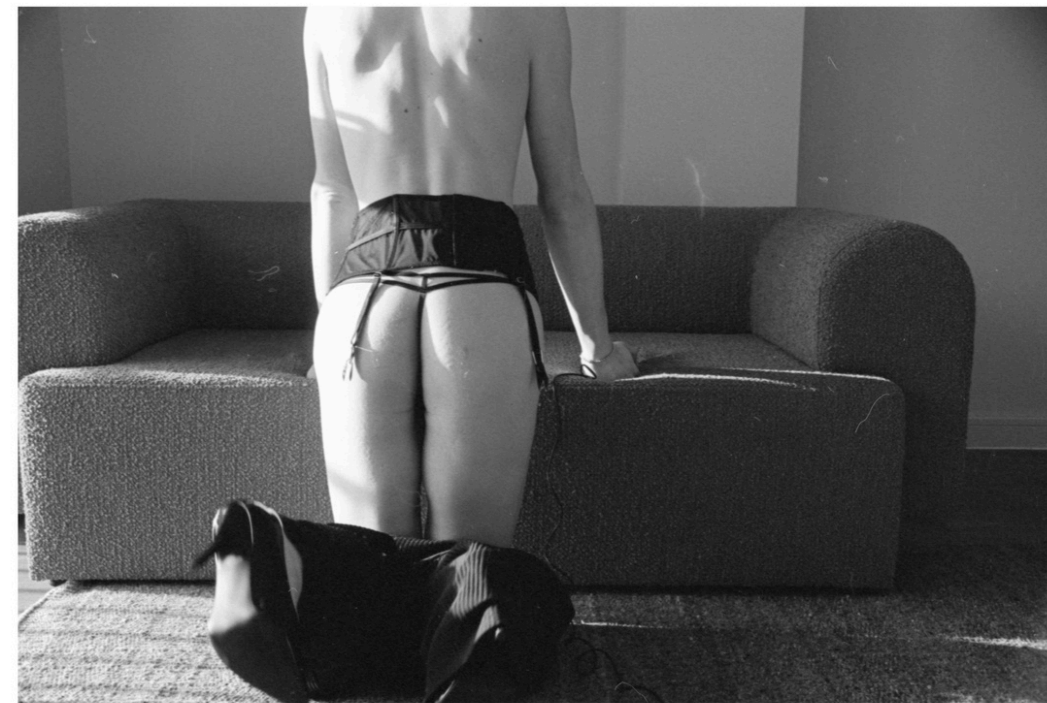
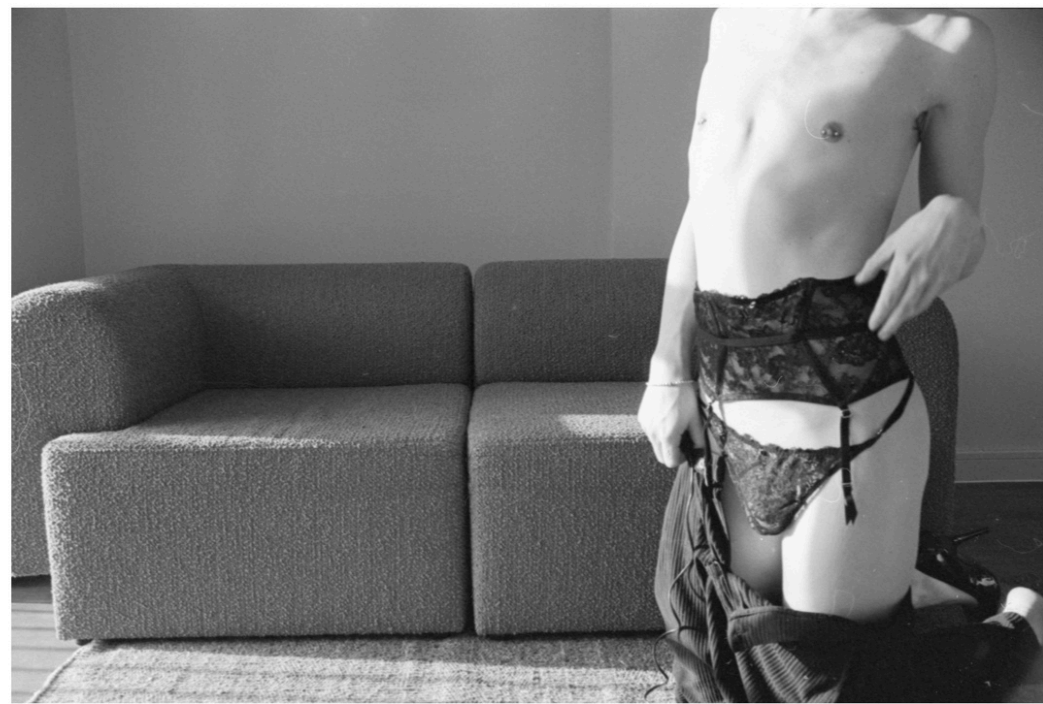
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A book by Luke Day

Luke Day