





"The Bow Within"

In this project, I draw from Zen philosophy and the practice of archery to explore balance, mindfulness, and the connection between body and spirit. Archery becomes a metaphor for inner stillness and focused movement, while Zen guides the pursuit of simplicity and harmony. By deconstructing traditional garment structures, I create pieces that reflect the tension and release found in both bow and body. Each design embodies a quiet equilibrium—between form and function, motion and calm—inviting a deeper sense of presence and connection with oneself and the surrounding world.

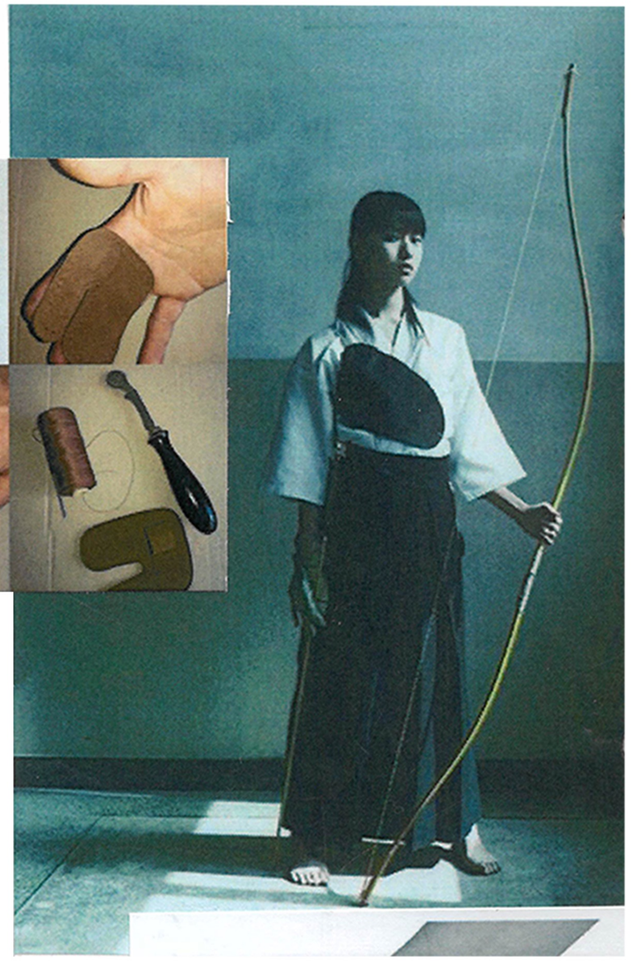
Ray Feng 20004502

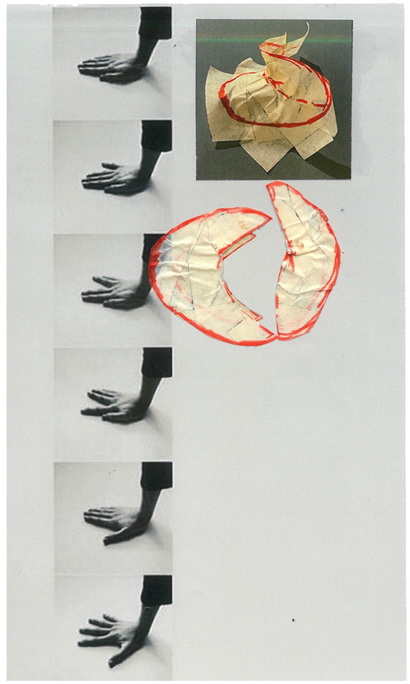
BA Womenswear Year3 2025

Group C

craft a finger Archery guard

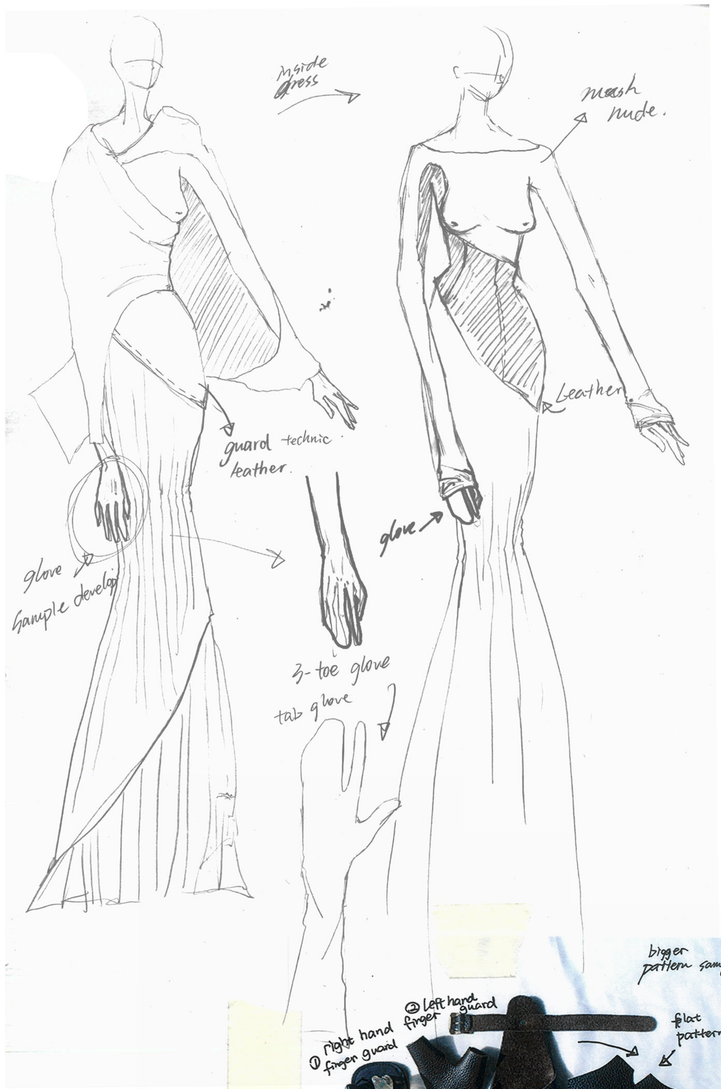


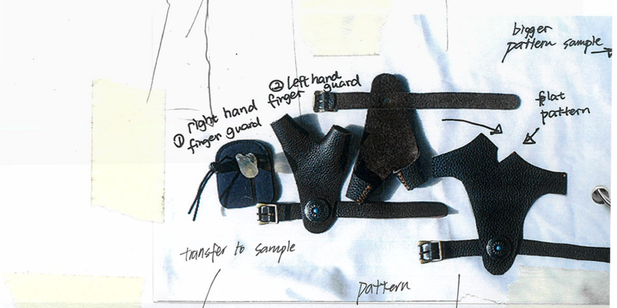






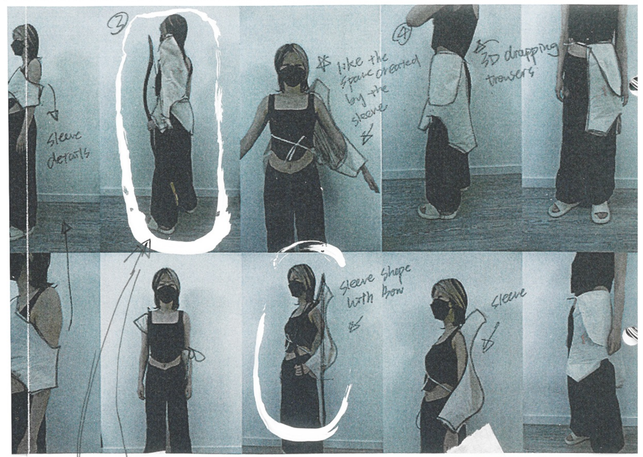


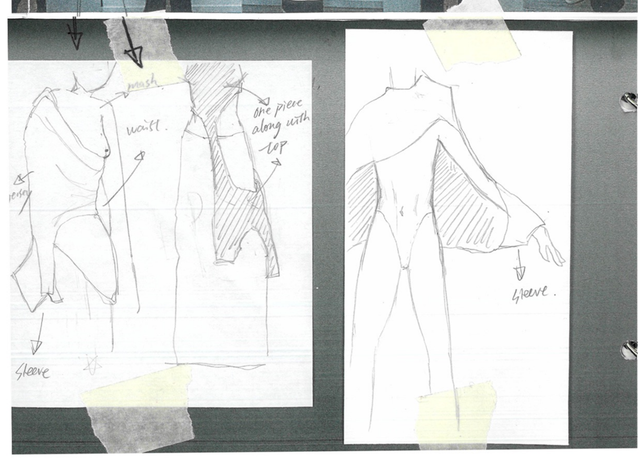

Worde dress
mesh nude.
Leather
guard technic leather.
glove
Sample develop
glove
3-toe glove
tab glove

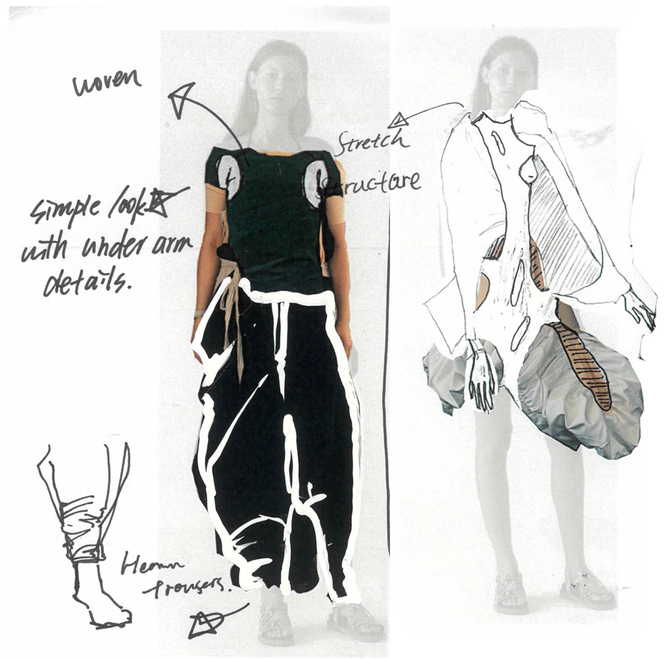

bigger pattern sample
② Left hand guard finger
① right hand finger guard
flat pattern
transfer to sample
pattern



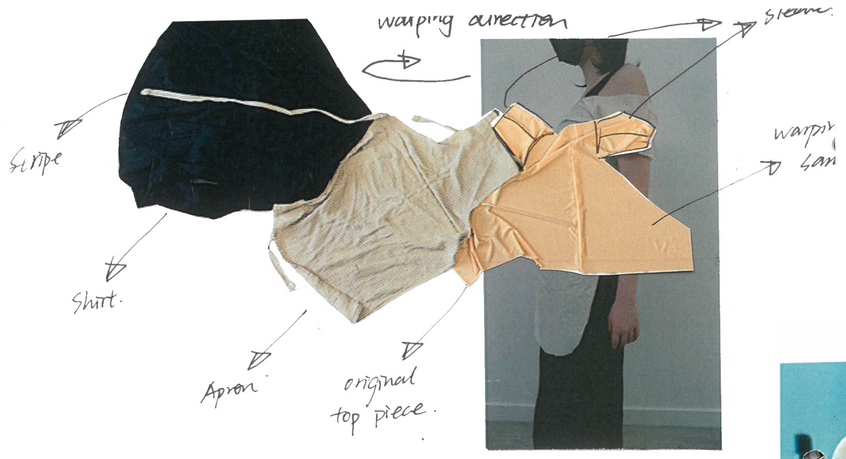

purpose structure
glove type loose structure
stdifferore material


like the space created by the sleeve
drapping trousers
sleeve details
sleeve shape with bow
sleeve

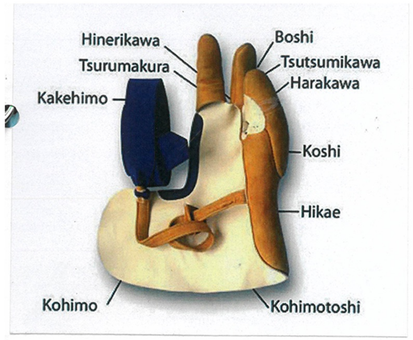

mesh
waist.
one piece along with top
sleeve
sleeve.

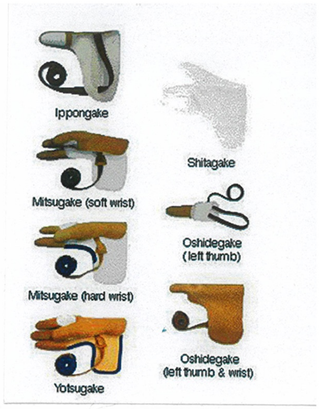

woven
Stretch
structure
simple look with under arm details.
Hemm trousers.

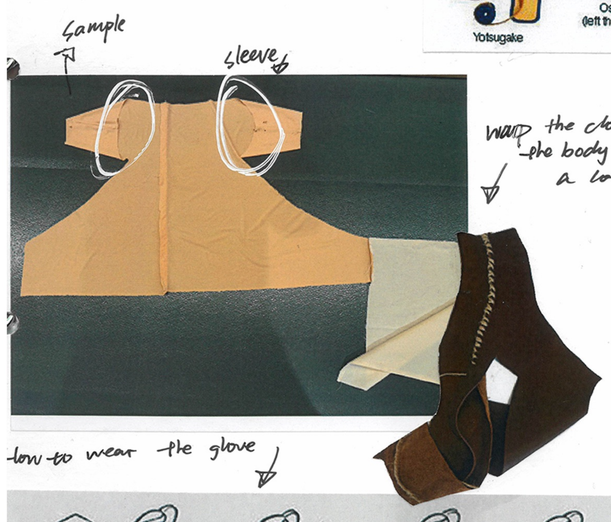

waist.



warping idea experiment & development



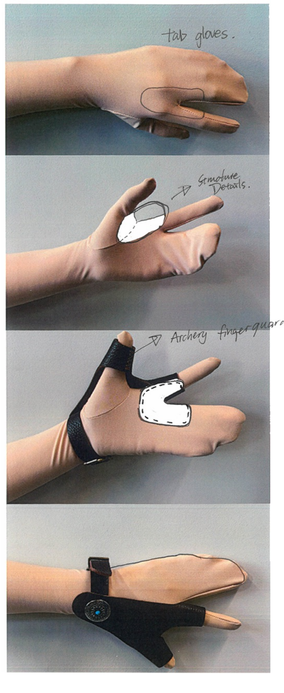












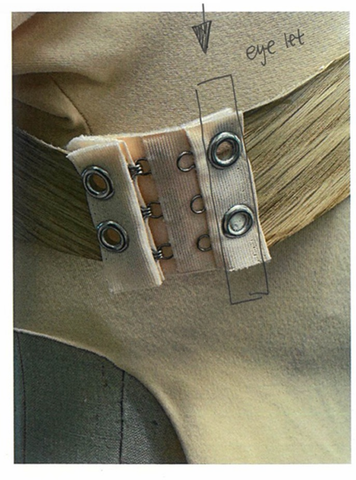


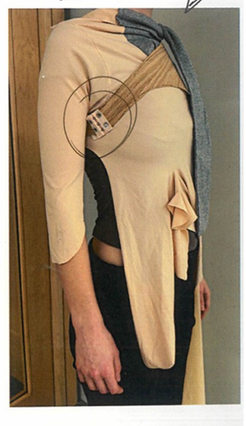
Archery gloves for protec

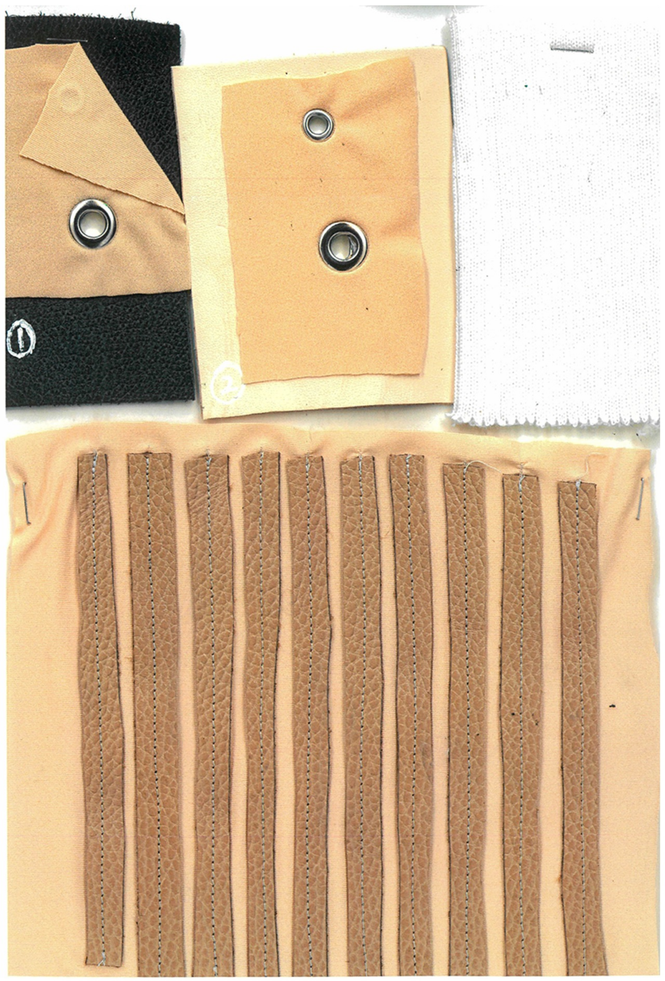




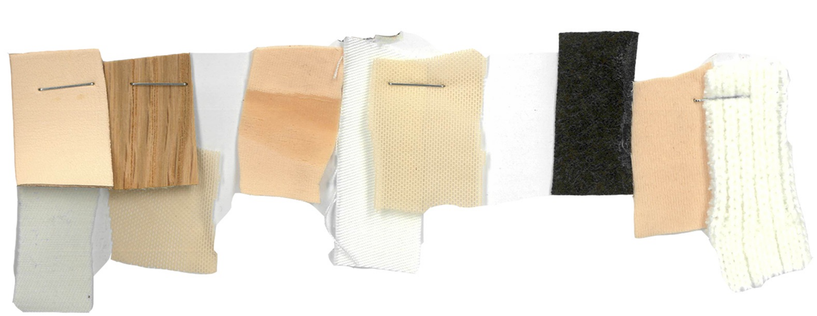




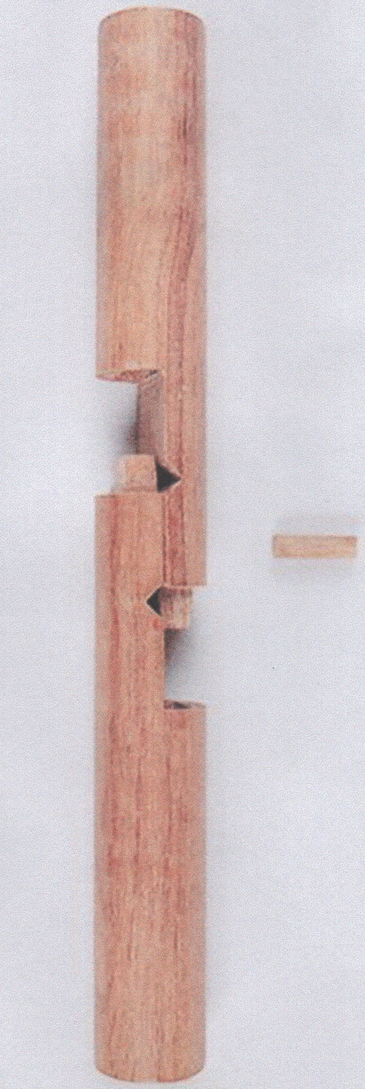












“楔”

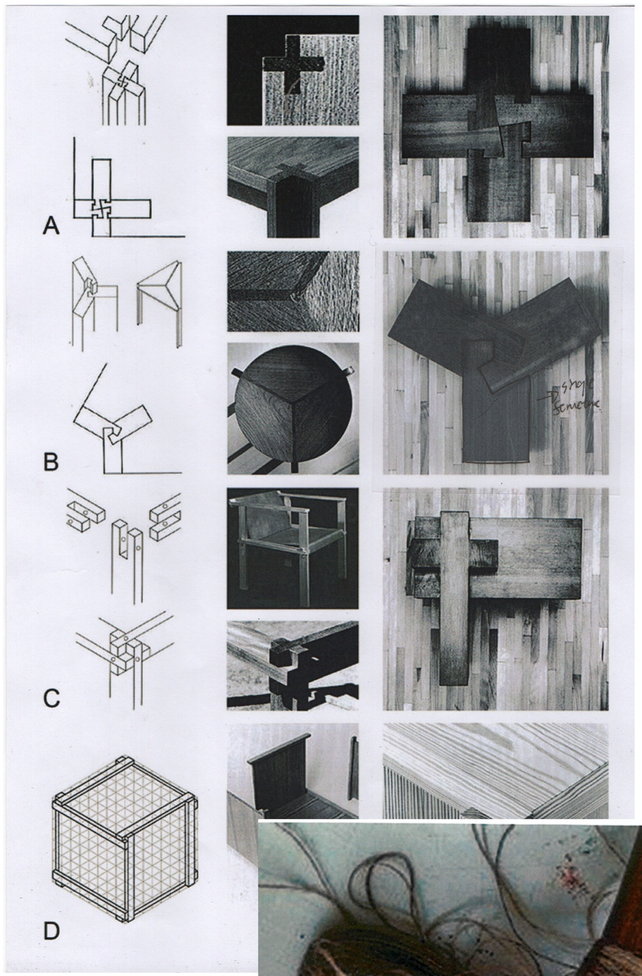
wisper of wood

My project begins with a personal connection to wood, rooted in the story of my carpenter grandfather and my own practice of archery. Through wooden furniture, tools, and my experience of repairing furniture and synchronizing breath with the bow, I explore a family ethnography shaped by heritage, identity, and Zen-like harmony. Building on the wapping idea from my previous project, I reinterpret traditional dressing structures, blending craftsmanship with innovation to create garments that embody balance, ritual, and quiet strength—an homage to both ancestry and contemporary expression.




2.
3.
4.
5.
6.
11.
12.
17.
18.


carpentry tool

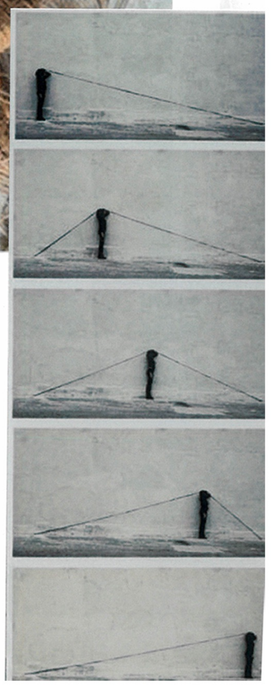

A
B
C
D




CAST IRON
ESPRESSO

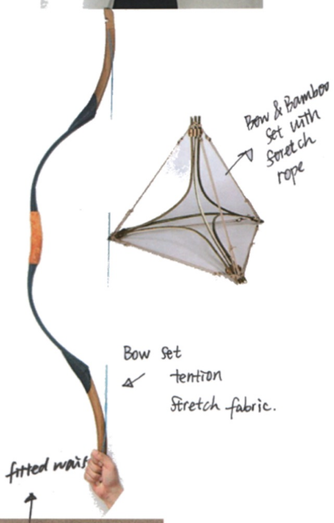




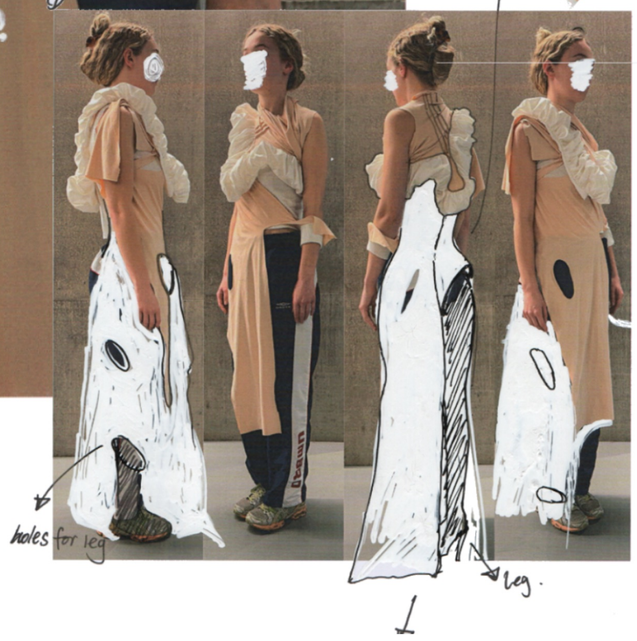



warping
Neck
warping
piece.
Finishing
test
Leg Hole?
Decorate?


idea of
structure & fabric
tension.

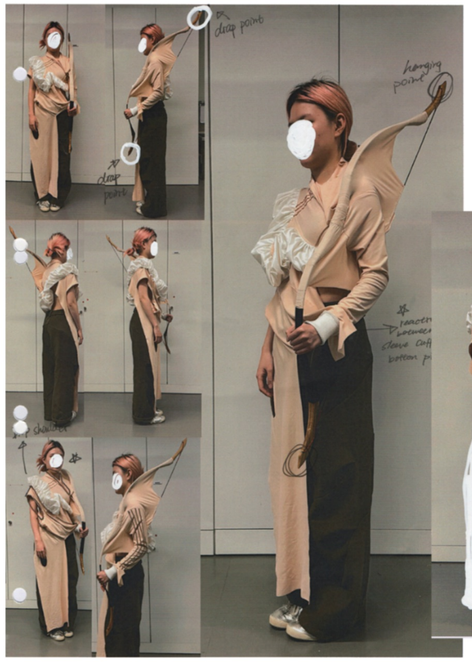

Bow & Bamboo
Set with
Stretch
rope
Bow Set
tention
Stretch fabric.
fitted waist


Body set for
hanging & Stretching.


holes for leg
Leg.


Sleeve


sleeve.

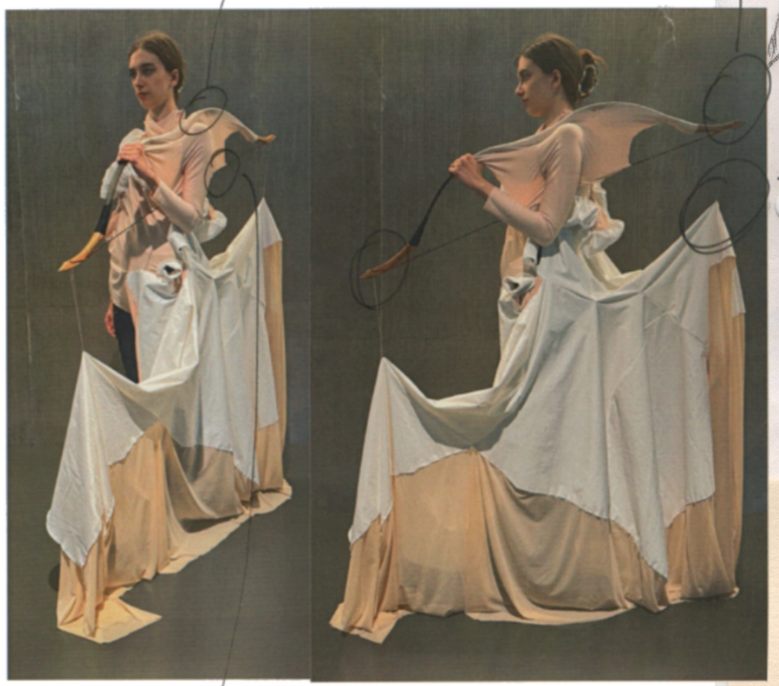




Hanging test-ment

Hanging Sample

Stitch test



Stitch test

Draping part Arrange.



Left

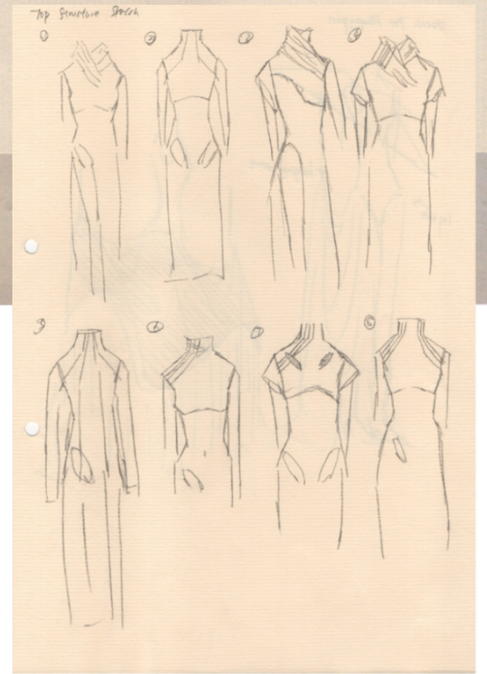
Right



Sampling details



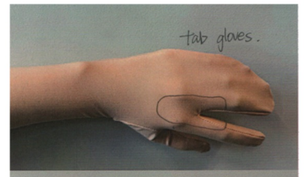
Add 1cm

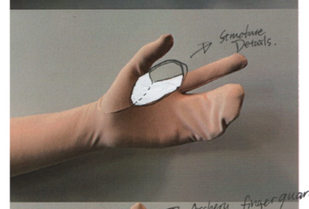


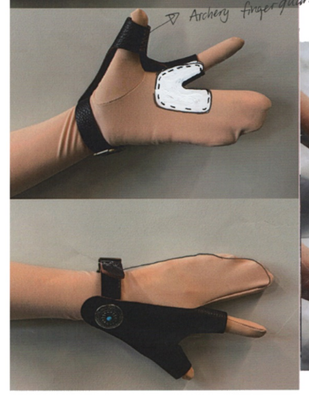
Silhouette and fit development


Back
warping fabric
Belt
warping fabric Connect with belt.
Styling shoes piece
with 5 toe socks & foot guard.

wear 1-2cm forward to reduce gathering of the fabric


tab gloves.

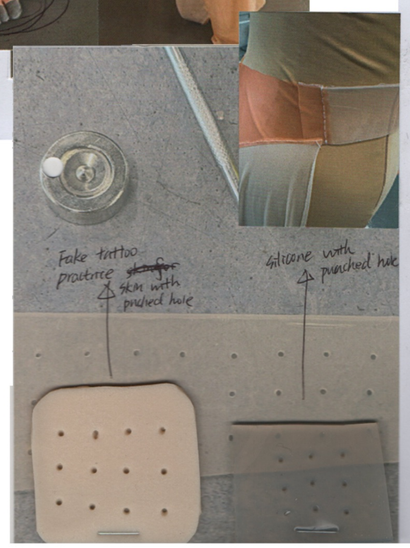

Gemstone Details.
Archery finger guard.

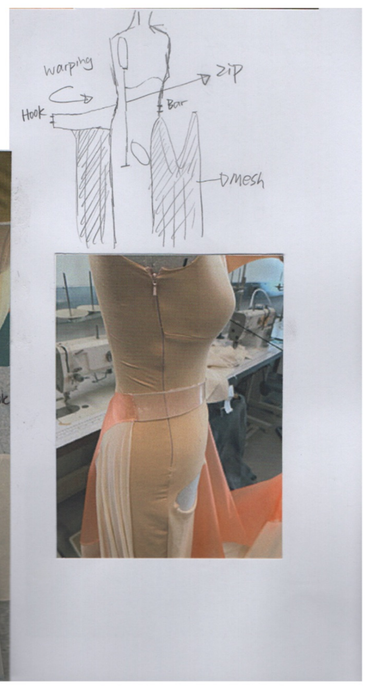






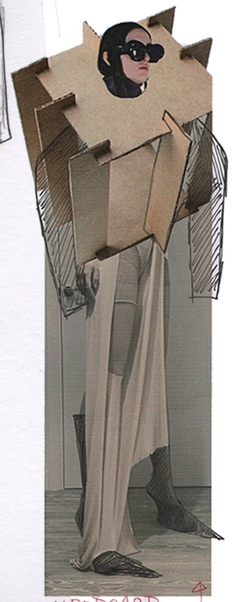

Archery gloves for protect


Fake tattoo prosthesis
skin with punched hole
silicone with punched hole

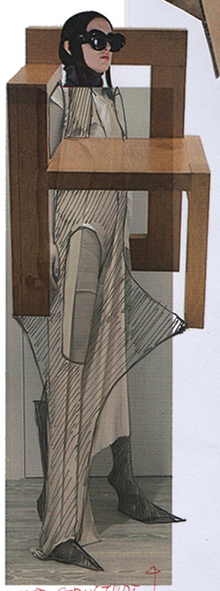

warping
zip
Hook
Bar
mesh


look 1
hanging details
string
wood pearl
eyelet
wood pearl
fabric

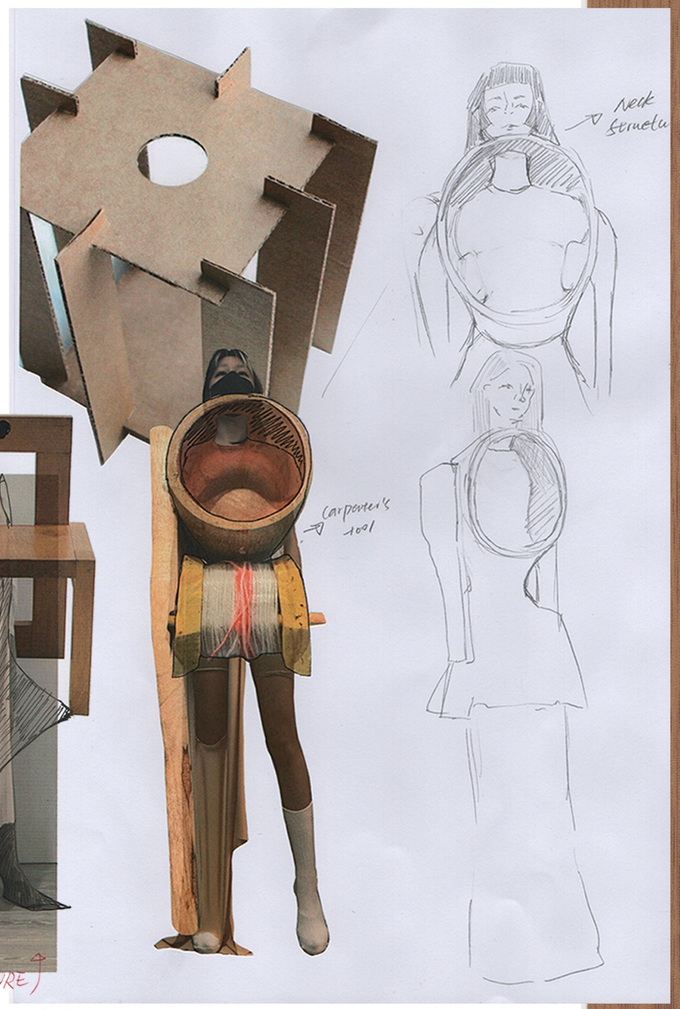




CARDBOARD STRUCTURE



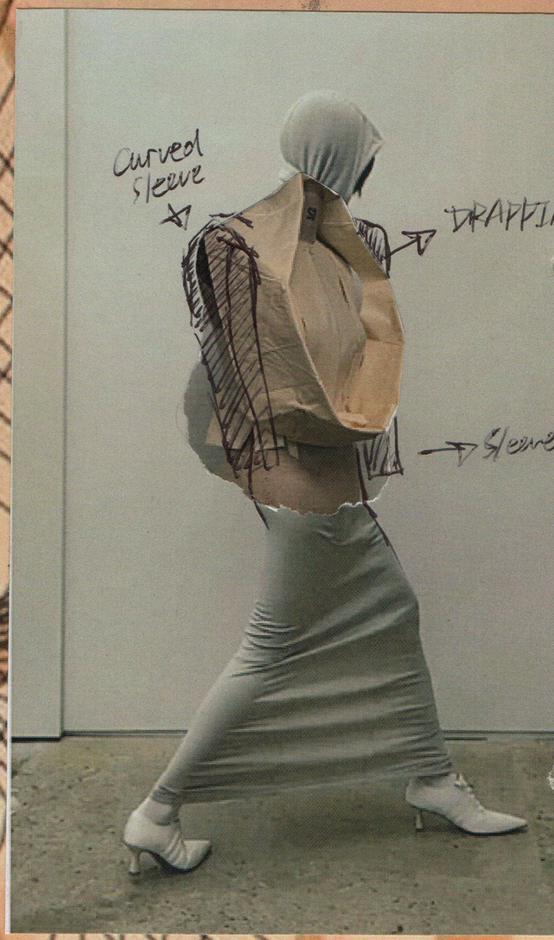
WOOD STRUCTURE STOOL

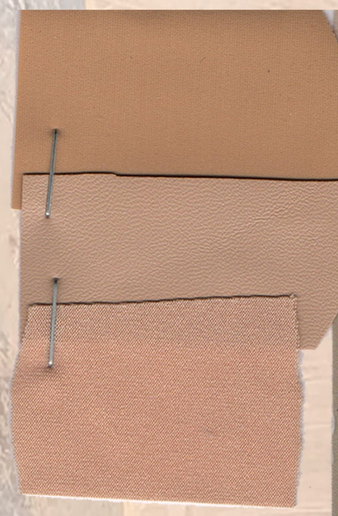


DIGITAL COLLAGE



CARPENTER TOOL





Fabric Selection







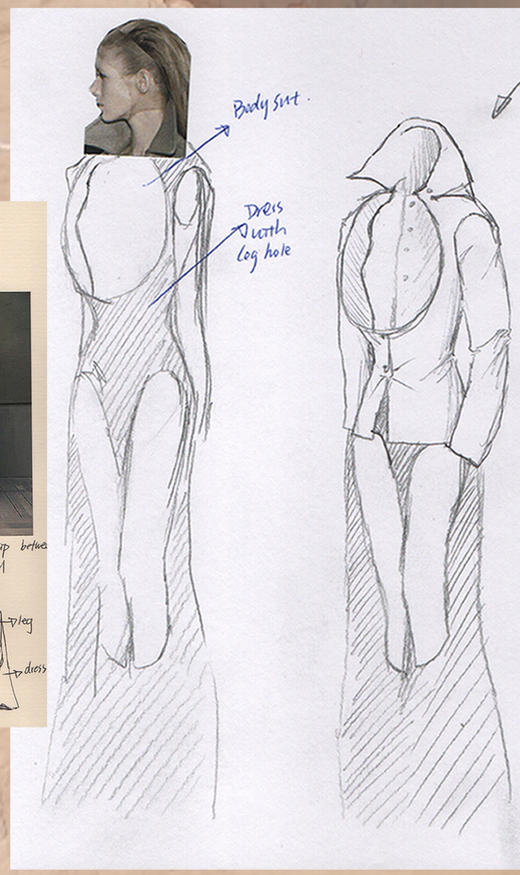
work from Milena Naef

look for the relationship between body & furniture / material

leg

wood / fabric

dress



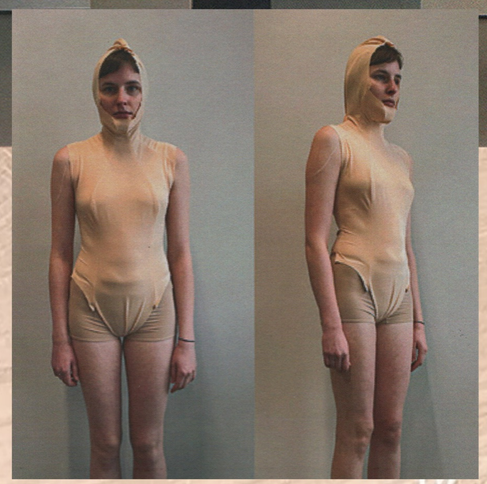
Body suit

Dress with leg hole

round shape with lapel



on people





look 2

close-up

Add magnet

in close up on garment

"ying" piece

"yang" piece

attach with magnet.

"ying"
"yang"
harmony

close-up

8cm

d=3cm

5.5cm

1cm

Thickness: 1.5cm

"ying"

"yang"

CNC wood cutting samples
(can also apply to metal.....)

For support

curved sleeve

Frame

Foam

warpping

warping pieces.

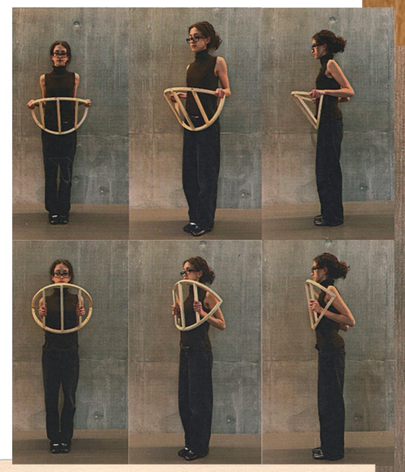
wood frame

under hip line

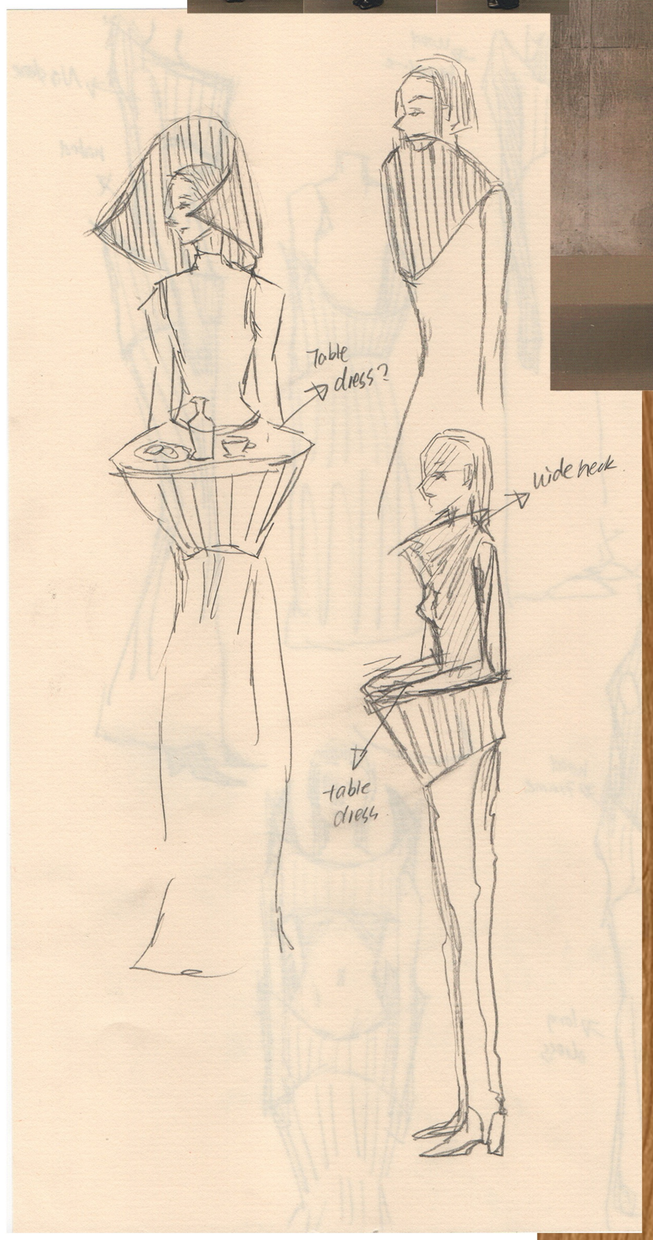
wood frame

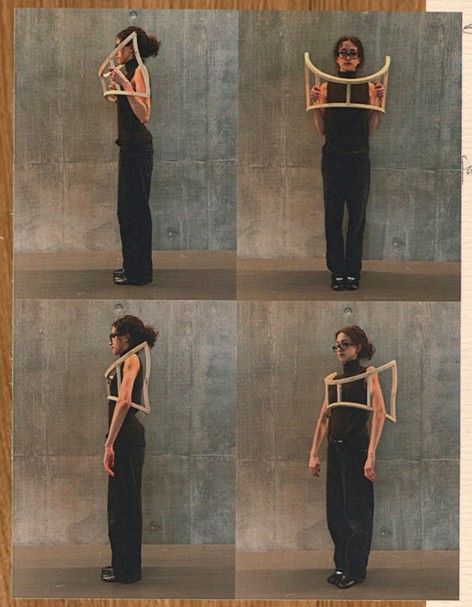
under heath

Foam

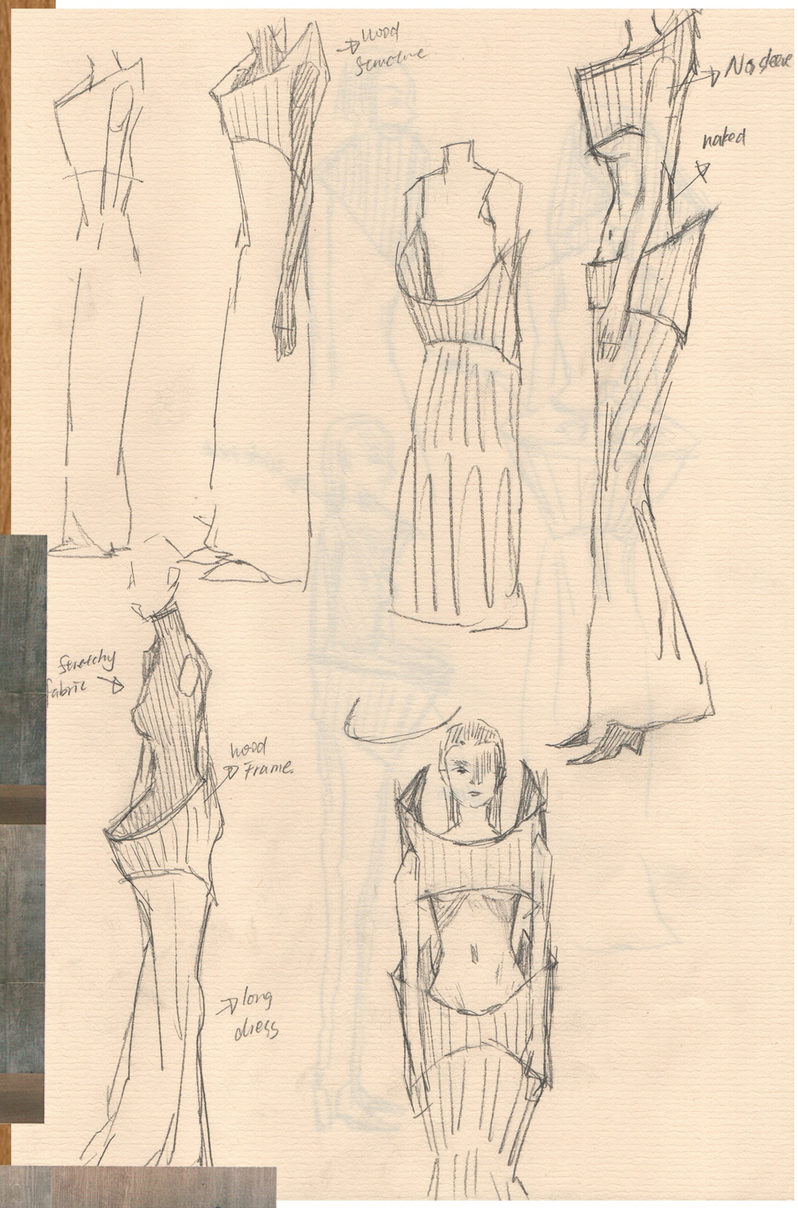


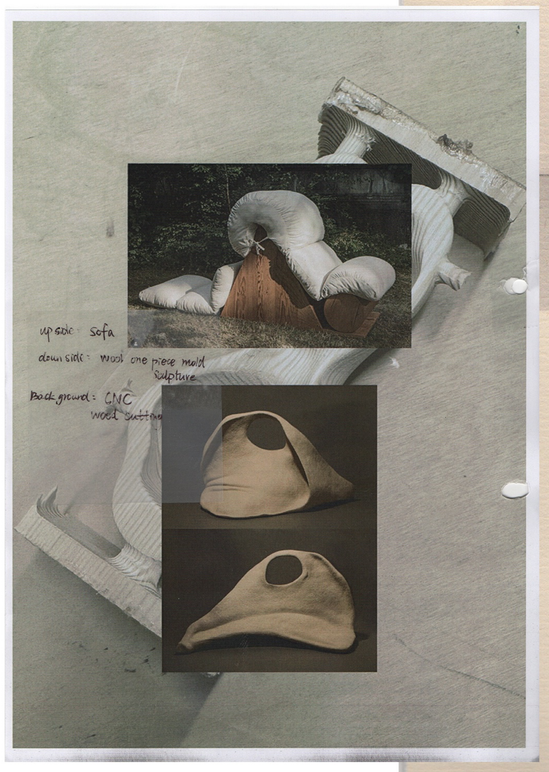



table dress?
wide neck
table dress



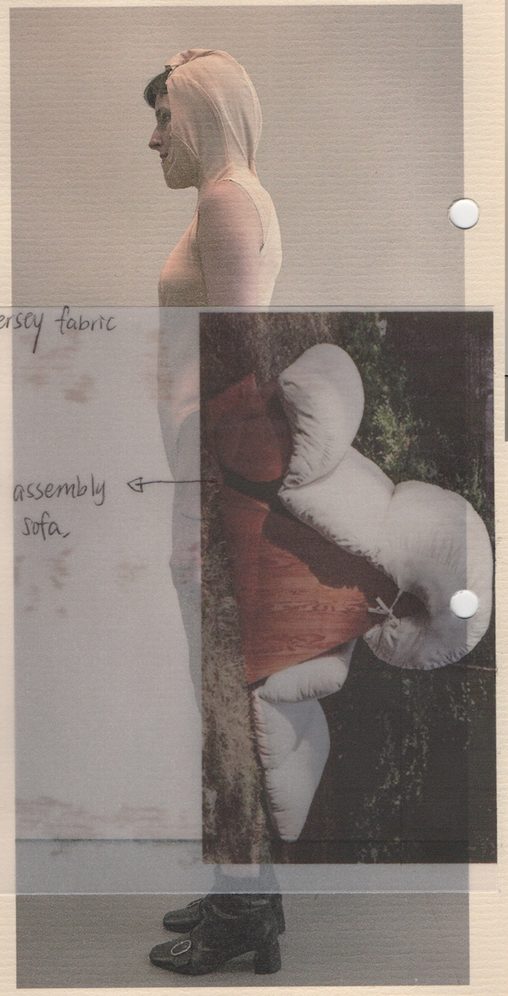



wood structure
No sleeve
naked
Stretchy fabric
wood Frame
long dress



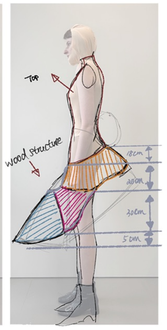


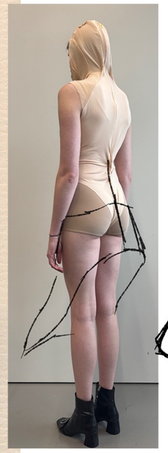
wood furniture covered with jersey fabric

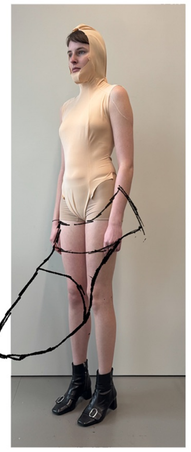


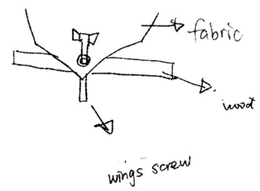






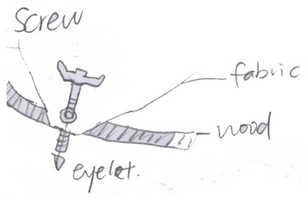


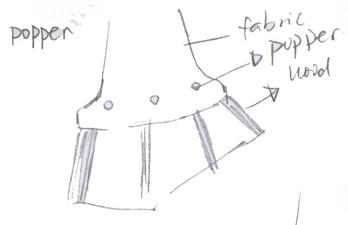


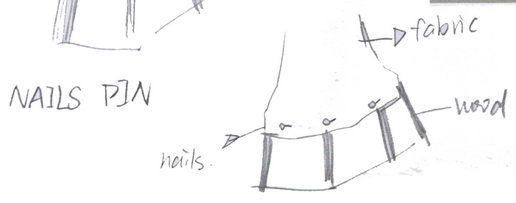




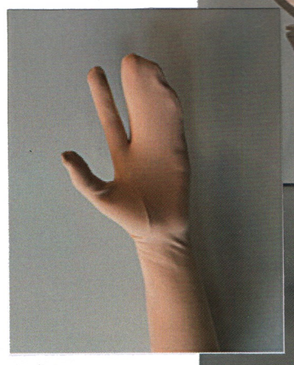
wood & fabric connection











test 2: upholstery nails. upholstery Nail with fabric

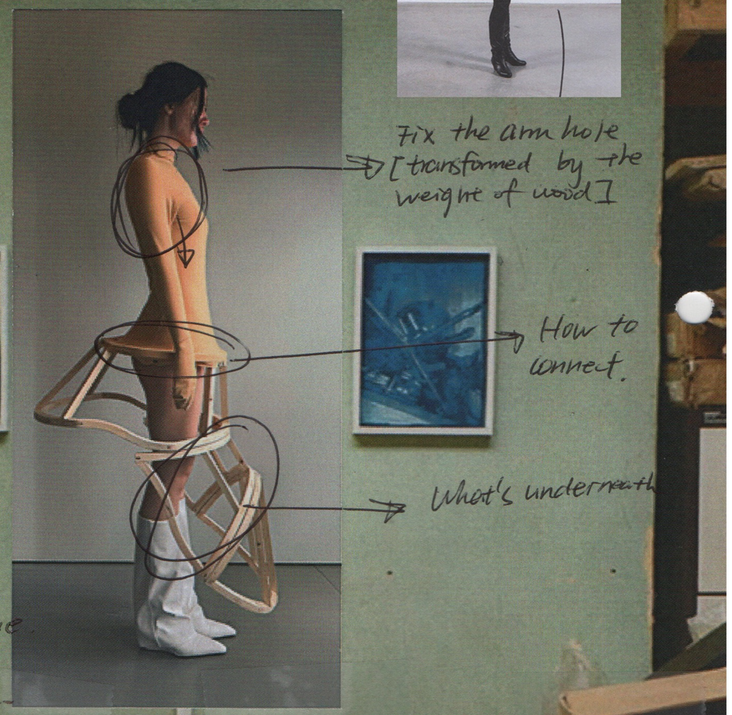


Fitting record

Top connected with wood Frame



Fix the arm hole [transformed by the weight of wood]





How to connect.

What's underneath

① think about the pattern of the top

② How to connect the wood with the fabric?

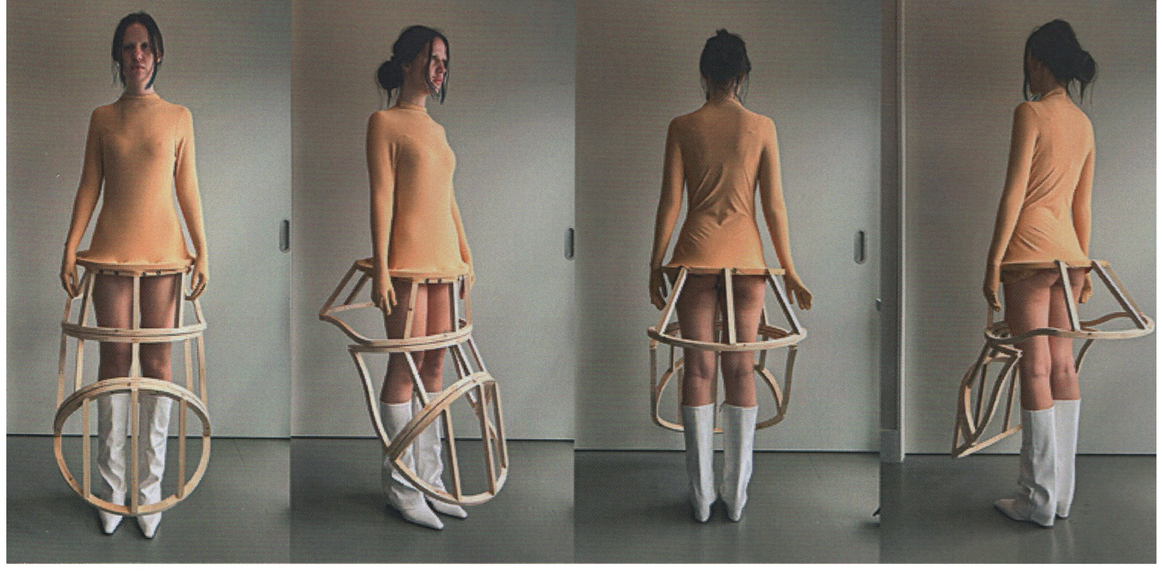
③ Think about what under the wood Frame

Front

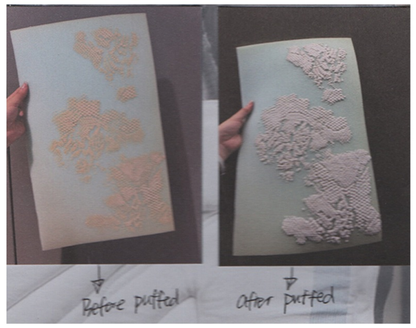
Front-Side

Back

Back-Side







Before puffed

after puffed



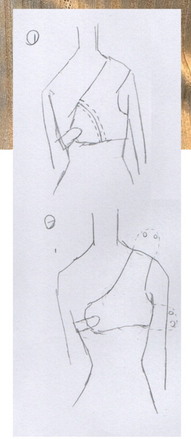
puff painting

lace

Fabric




Breathable fabric




Front detail
Back detail
look 3










Qianyu
170cm

