



Portfolio

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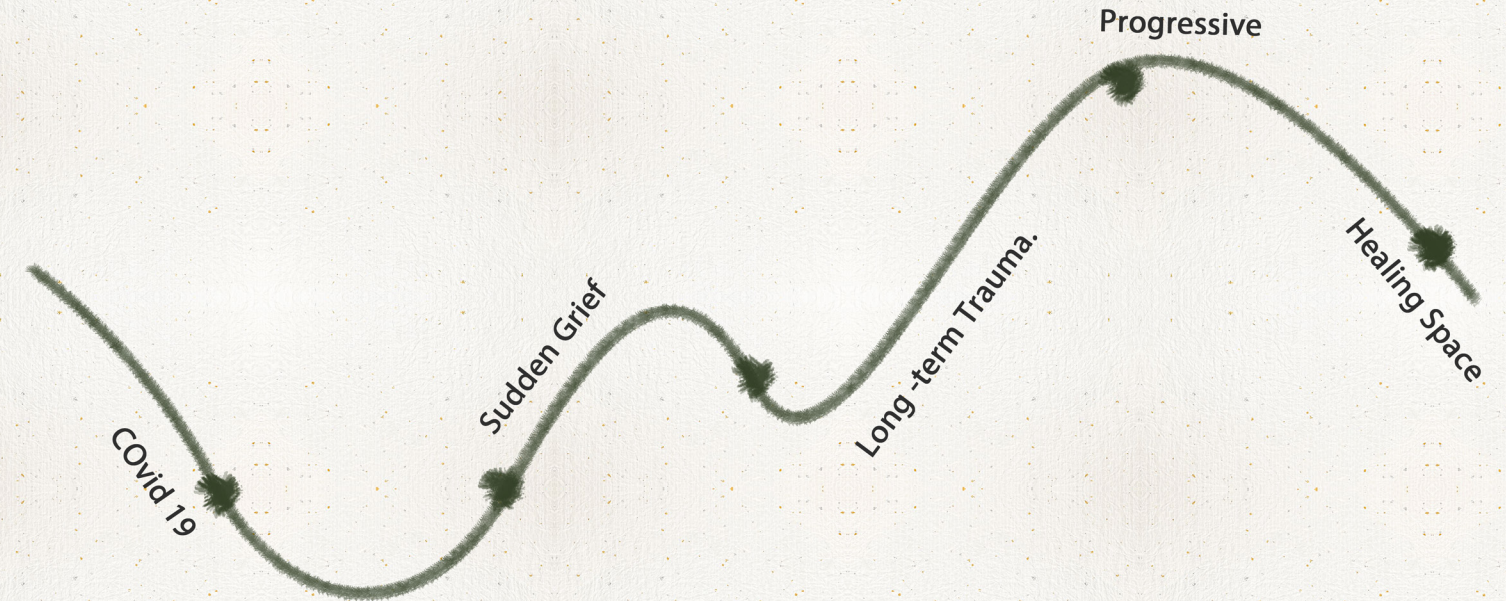


PROJECT :

The Mission of a Path -A Journey of Healing.

Site :Camberwell New Cemetery ,Brenchy Gardens,London SE23 3RD.
Master's Program Project
2023-2024

This healing space is designed for those who lost loved ones during the COVID-19 pandemic, aiming to alleviate the "sudden grief" and "long-term trauma" caused by this unexpected event. It consists of five interconnected smaller spaces, each offering a unique healing function. Together, these spaces naturally form a progressive healing journey. At the start of the experience, participants receive a guidebook that leads them along the route, allowing them to navigate through each space in sequence. This journey is designed to help individuals gradually release emotions, heal internally, and ultimately find peace and solace.



Covid 19

Star — December ,2019 .

COVID-19, first identified in Wuhan, China, at the end of 2019, was not only a health crisis but also a profound event that deeply affected human society. It disrupted daily lives, reshaped social structures, and challenged the resilience of communities worldwide. During this period, people experienced the pain of losing loved ones, the weight of loneliness, and the enduring grief brought on by the sudden departure of those they cherished.



<https://healthmatters.nyp.org/how-to-cope-with-grief-amid-covid-19/>

How to Cope With Grief Amid COVID-19.

Dr. M. Katherine Shear, founding director of the Center for Complicated Grief at Columbia University's School of Social Work and the Marion E. Kenworthy Professor of Psychiatry, has spent her career studying and treating bereavement.

She says ;"Coping with loss is difficult, but in the COVID era it's even harder. Often, **the loss of life to the coronavirus is sudden**, and family members are unable to be by their loved one's side because of restrictions designed to stop the spread of infection. The separation only adds to the grief and sadness of loved ones left behind."

"one of the best ways to help a grieving person is to give them a chance to talk." "It helps most people to just be heard when we are holding a lot of emotional pain," says Dr. Shear. "It is difficult to talk about the pain; we need to feel connected to the person we are talking to and we need to feel emotionally safe — like they care and are interested and want to hear what we have to say."

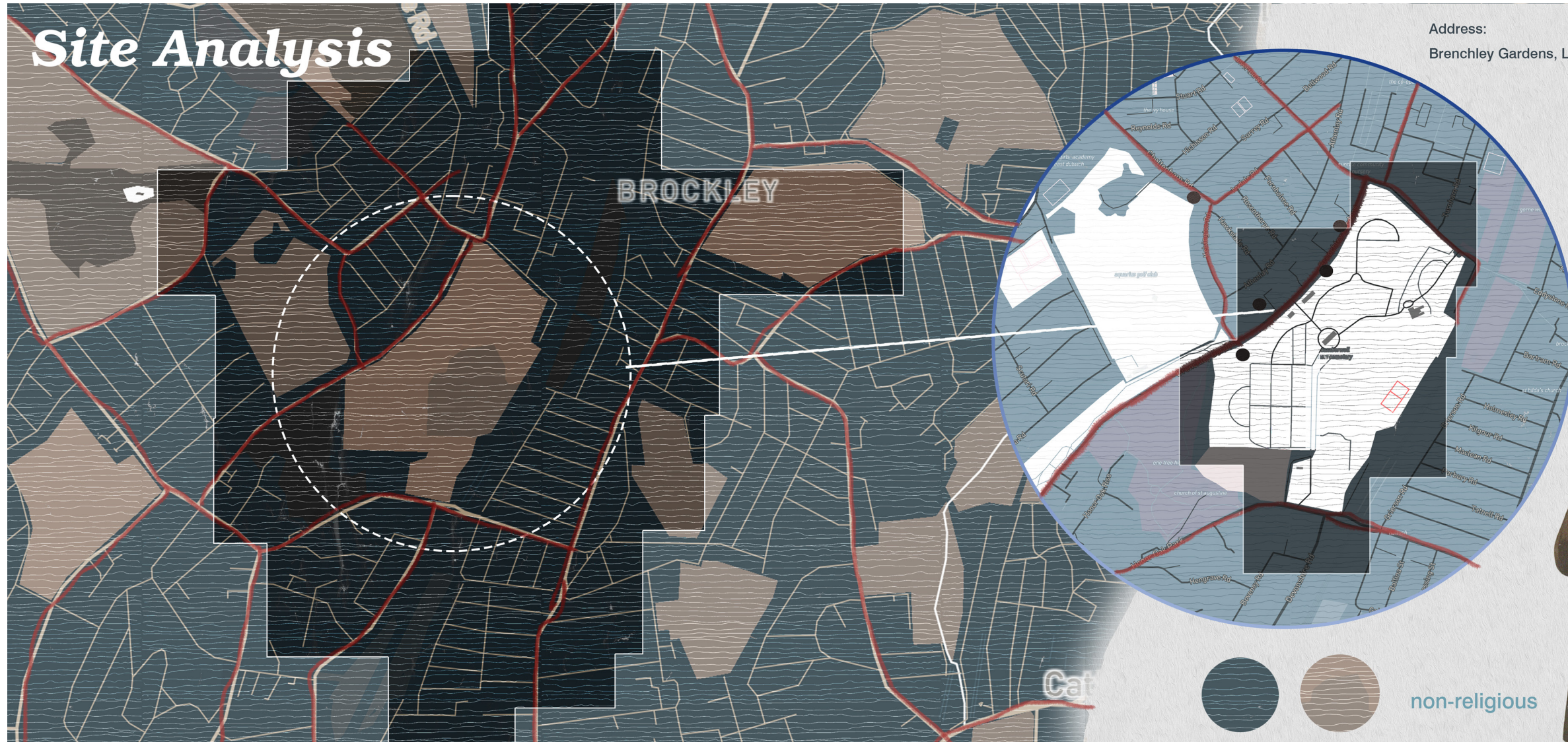
Dr. Shear notes it can be difficult to just listen to someone express emotional pain.

"Most people have a natural caregiving instinct that makes us want to soothe the person and take the pain away," she says. "However, when someone is grieving the loss of someone close, we really can't take that pain away. We can only be willing to listen and share this very human sorrow."

Health Matters asked Dr. Shear to share tips for those suffering the **sudden loss of a loved one and coping with grief.**




1:Know your feelings are valid 2:Understand that sudden loss is shocking and difficult to comprehend. 3:Use the tenets of the serenity prayer. 4:Watch out for thoughts that can derail your healing process. 5:Don't let guilt overwhelm you.

Site Analysis



Address:
Brenchley Gardens, London, SE23 3RD, UK (Southwark Council)

Legend

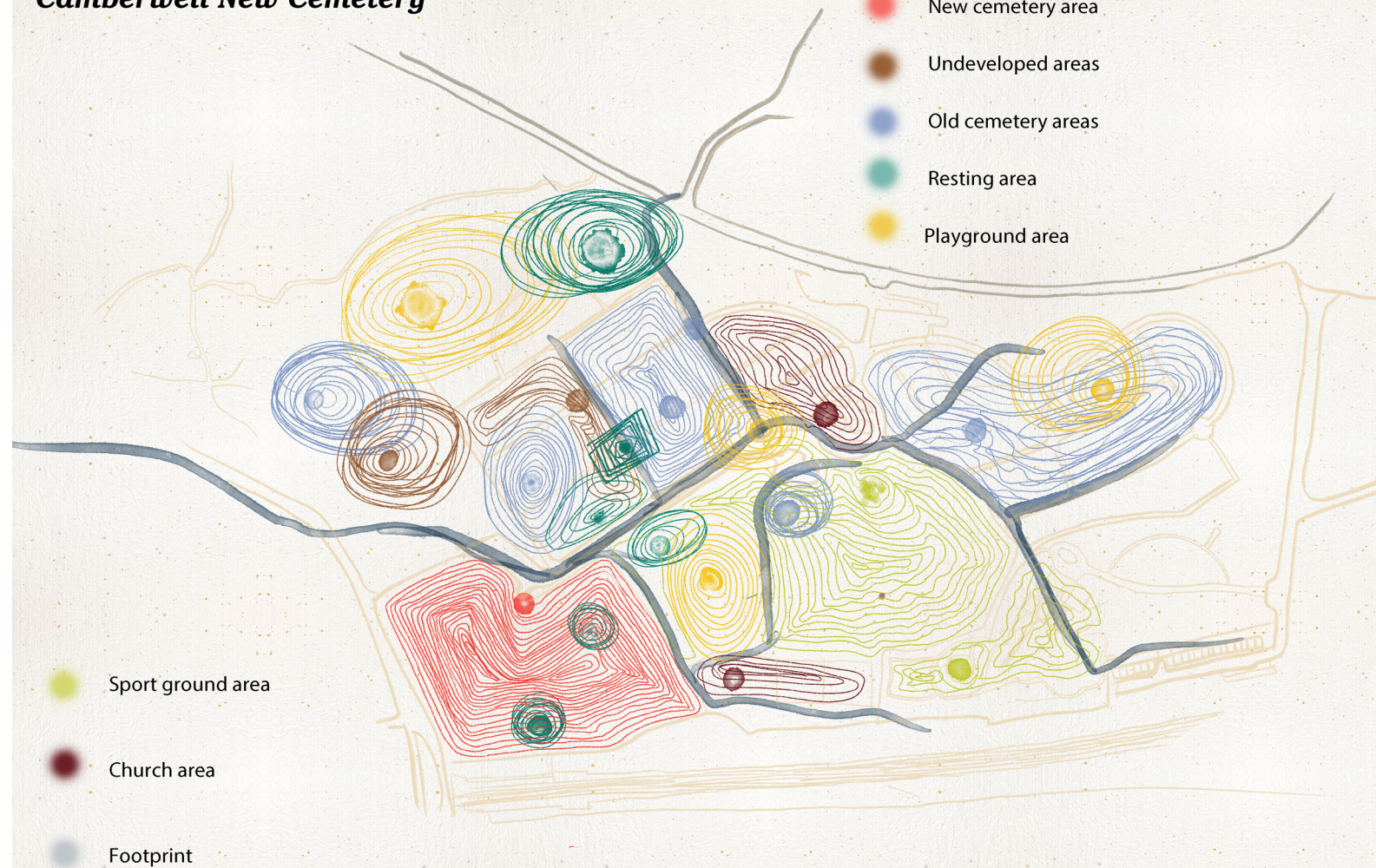
-  Main road (generally only for cars, etc.)
-  Trail (generally only for people, bicycles, etc.)
-  Bus stops around the cemetery (main public transport).

Population Analysis

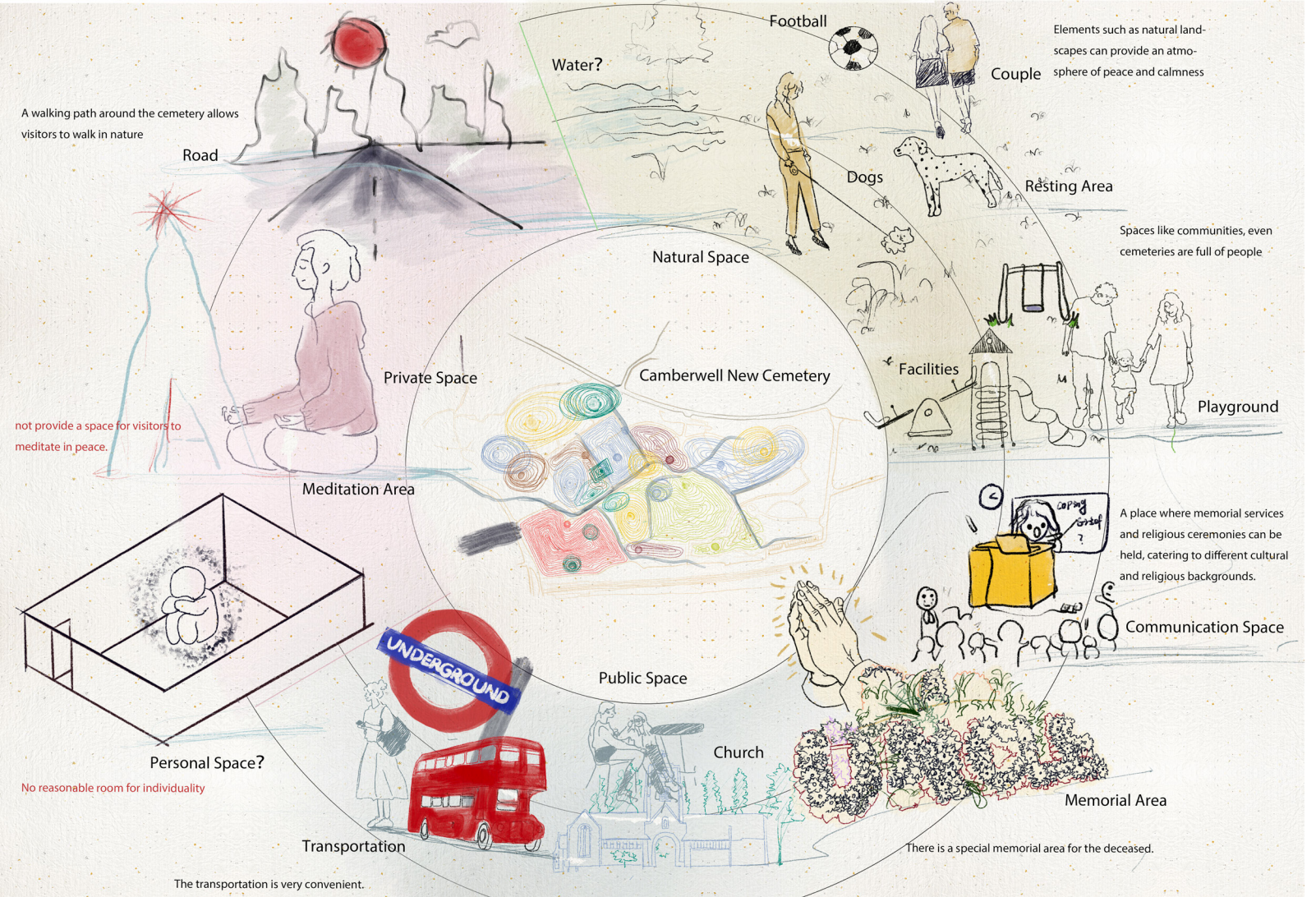


Camberwell New Cemetery

- New cemetery area
- Undeveloped areas
- Old cemetery areas
- Resting area
- Playground area



- Sport ground area
- Church area
- Footprint



Football

Couple

Water?

Road

Dogs

Resting Area

Natural Space

Private Space

Camberwell New Cemetery

Facilities

Playground

Public Space

Church

Memorial Area

Communication Space

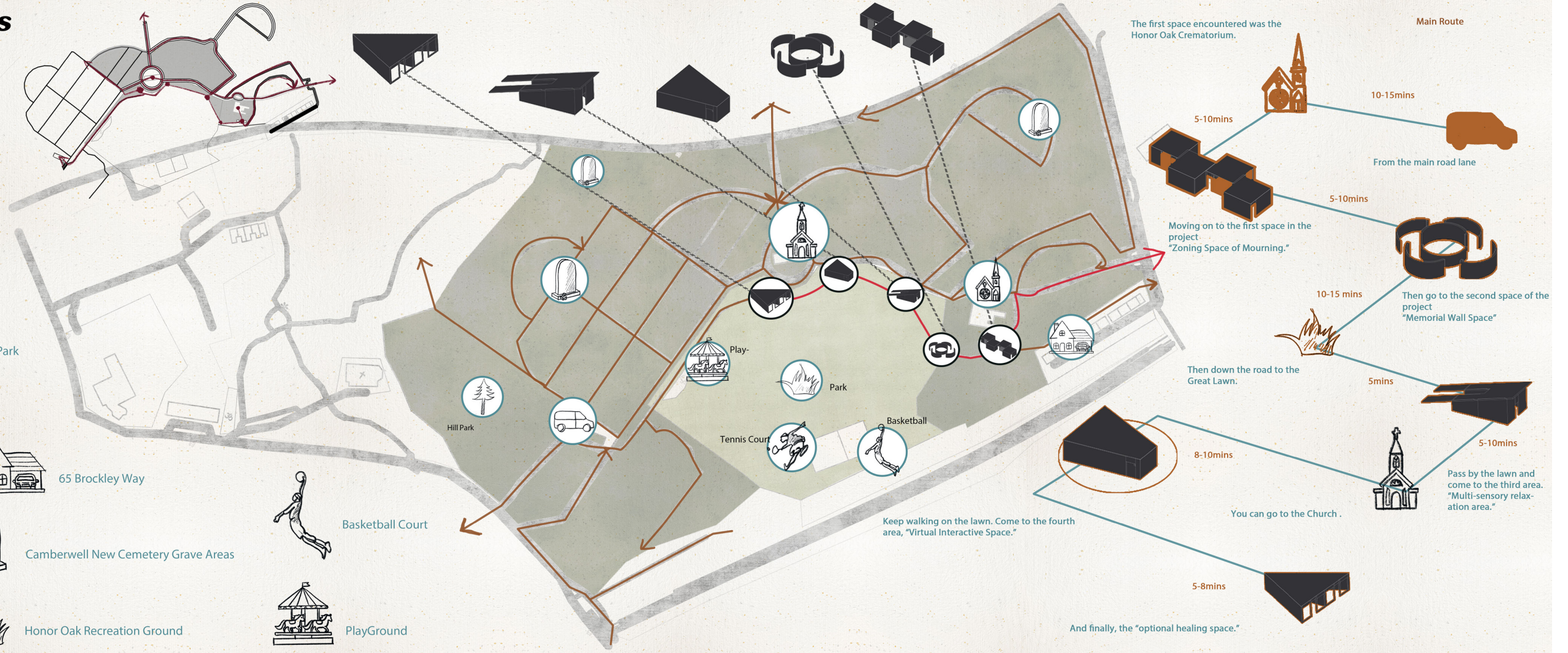
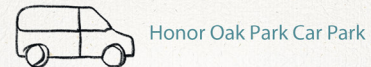
Transportation

UNDERGROUND

Personal Space?

Project Site Analysis

This is the site plan for Camberwell New cemetery. This sheet resolves where the five spaces are located and the main route of this project. The connections and relationships between the projects are analyzed, as well as the surrounding environment.



The first space encountered was the Honor Oak Crematorium.

Main Route

10-15mins

From the main road lane

5-10mins

Moving on to the first space in the project: "Zoning Space of Mourning."

5-10mins

Then go to the second space of the project "Memorial Wall Space"

10-15 mins

Then down the road to the Great Lawn:

5mins

5-10mins

You can go to the Church .

Pass by the lawn and come to the third area. "Multi-sensory relaxation area."

5-8mins

And finally, the "optional healing space."

Keep walking on the lawn. Come to the fourth area, "Virtual Interactive Space."

Play-

Park

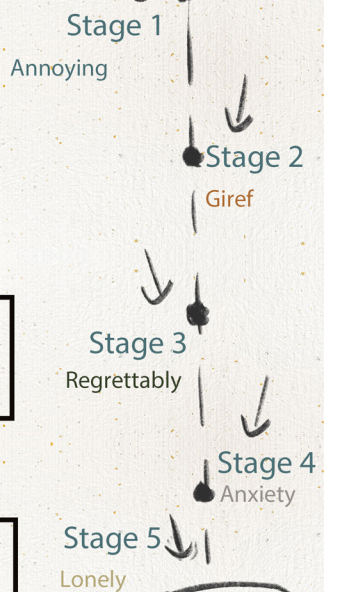
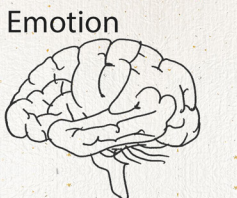
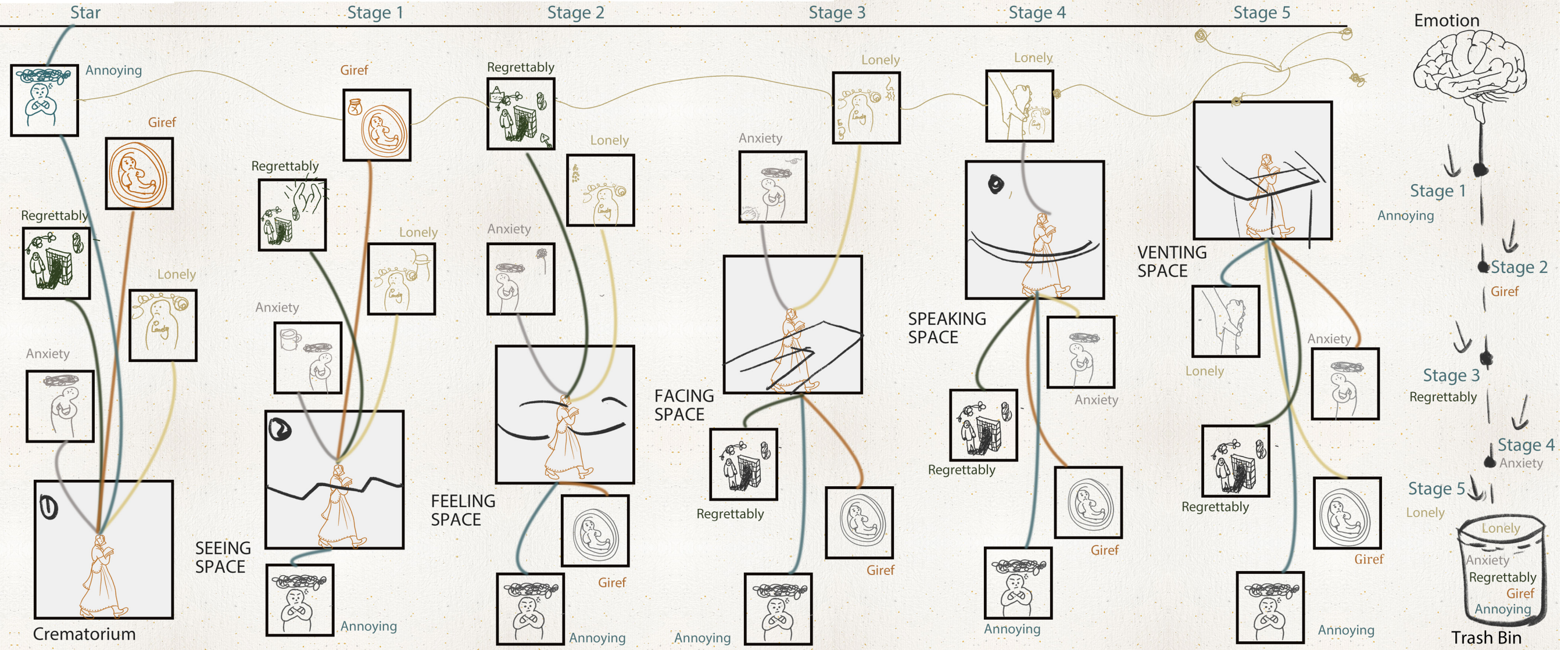
Basketball

Tennis Court

Hill Park

Mood Change Analysis

This drawing is intended to indicate in an abstract form the change in mood. Experiencer's connection between their hurt and the space as they enter this progressive healing space. Each time they enter the next space, their negative emotions change as they move through the space.



Concept Analysis



I came to Camberwell New Cemetery.

I'm going forward.



It's a place of union with nature.



The road is lined with big trees.

I got a nameplate.



After the funeral, I sat down in the cafe.



I got a hot cup of coffee.

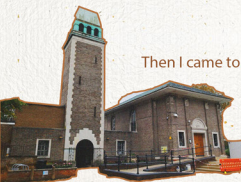


I listened to the prayer.



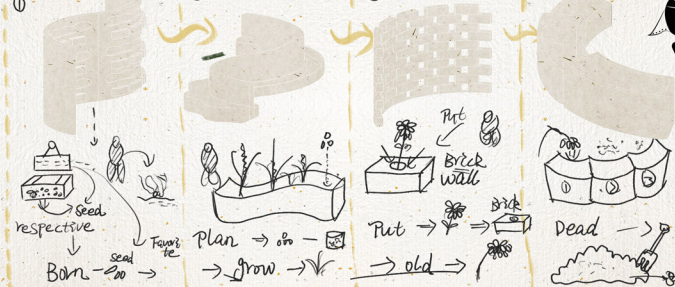
Honor Oak Crematorium

This is the crematorium in the cemetery and the initial location. And people here begin their stories here.

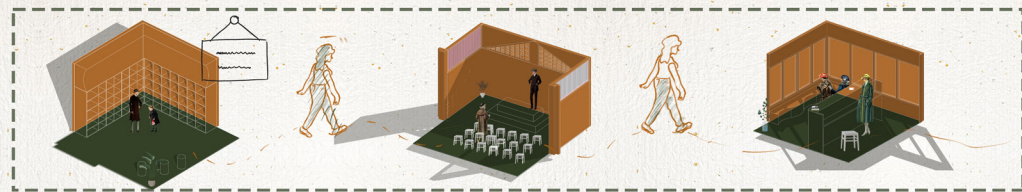


Then I came to Honor Oak Crematorium.

I got my loved one's ashes at the crematorium.



Space outlook



Columbarium
People place their ashes here.

Prayer area
Then they moved forward to listen to the priest's prayer

Resting area
Or maybe sit down and just sit in a quiet area and just look out the window with hot cup of tea.

SEE-SPACE

This is the mixed area where, after the placement of the ashes, people head towards the front, either to listen to the priest's prayers or to sit down and have a hot cup of coffee.

I took my tools and nailed the nameplate to the wall.



I took the seeds.



I took the ashes to the columbarium.



I put the flowers in the wall.



I threw the dead flowers into the box.



I took the flowers to the memorial



I've come to the memorial wall area.



I planted the seeds in the flower garden.



FEEL-SPACE

This is the Memory Wall area, where people stop and take nameplates and put the names of their loved ones on them, or maybe just stand here with a group of plants to keep them company.

I sat down and felt the space carefully.



I really missed my loved one who passed away



I try the perfume.



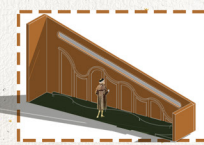
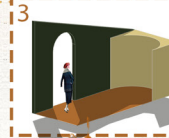
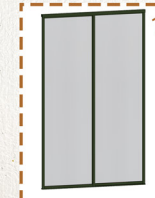
It made from plants in second space.



I've come to the third space on the map.

FACING SPACE

The "experiencers" follow a route that leads them to the Facing space. This space is designed for healing treatment by means of smell and touch. The space is an overlay that mimics the form and structure of nature to create a more healing space.



SPEAKING SPACE

A sunken virtual reality space provides a private sanctuary, blending sensory healing with natural and technological elements. Enclosed by walls and designed with acoustic and controls, it shields from external distractions, allowing deep relaxation, introspection, and connection with memories, bringing inner peace and emotional release.

I had headphones on to interact with my dead loved ones.



Then I came to the fourth space.

I talked with them.

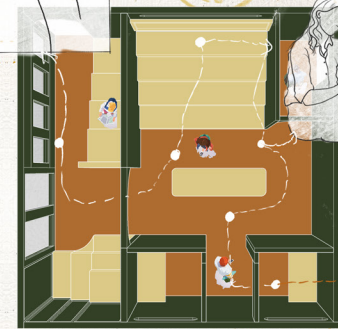


I feel be healing here.



VENTING-SPACE

This emotional release space, based on Catharsis Theory, includes areas for writing, painting, and recording. Designed from narrow to wide, it symbolizes an emotional journey from closed to open, utilizing art therapy and environmental psychology to help participants express and release emotions, achieving relaxation and healing.



Finally, I went to last space.

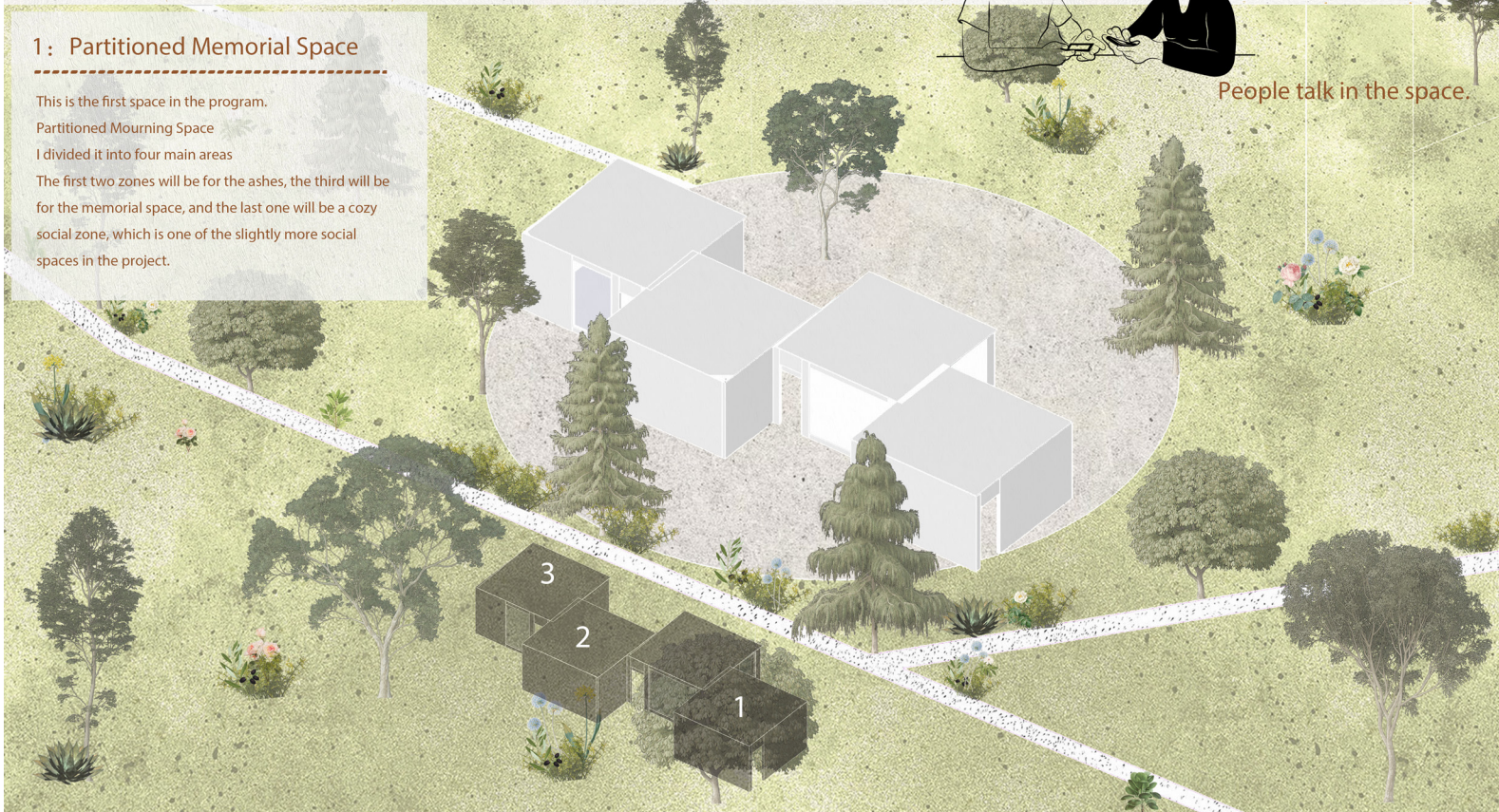


I vent my emotion here, and I feel so good

Architecture overviews

1: Partitioned Memorial Space

This is the first space in the program.
 Partitioned Mourning Space
 I divided it into four main areas
 The first two zones will be for the ashes, the third will be for the memorial space, and the last one will be a cozy social zone, which is one of the slightly more social spaces in the project.



People talk in the space.



1: Ashes Space



2: Mourning Space



3: social Space

Spatial Generation

The space will use light to translate the emotions of the "experiencers" into a spatial language.



SPACE 1: SEEING SPACE.

Columbarium

The space in which the person takes the ashes and puts them in the columbarium is almost devoid of light.

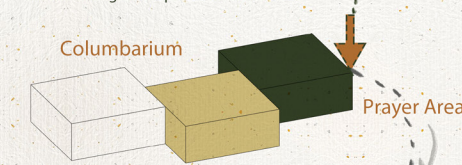


After placing the ashes, the Experiencer is given a nameplate of the deceased, which will be used in the space beyond. The experienter then moves forward to the prayer area.



Columbarium

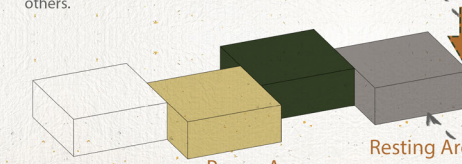
Here, those who experienced the event listened to the priest's prayers, and their emotions were eased somewhat by the muffled memorials. But they are still in a state of grief. The changing light symbolizes the inner workings of the experience, and their moods change in response to the events.



Columbarium

Prayer Area

This sensually clears away some of the darkness in the hearts of those who are experiencing it, and at the same time they are offered a cup of hot tea, a cup of hot tea that eases the physical pain of the experience. The inner pain is alleviated by talking to others.



Columbarium

Prayer Area

Resting Area

Columbarium 1

Only a small amount of light shines through the concrete. A dimly lit, low-colored and closed space that simultaneously speaks to the depression of the "experiencer".



Columbarium 2



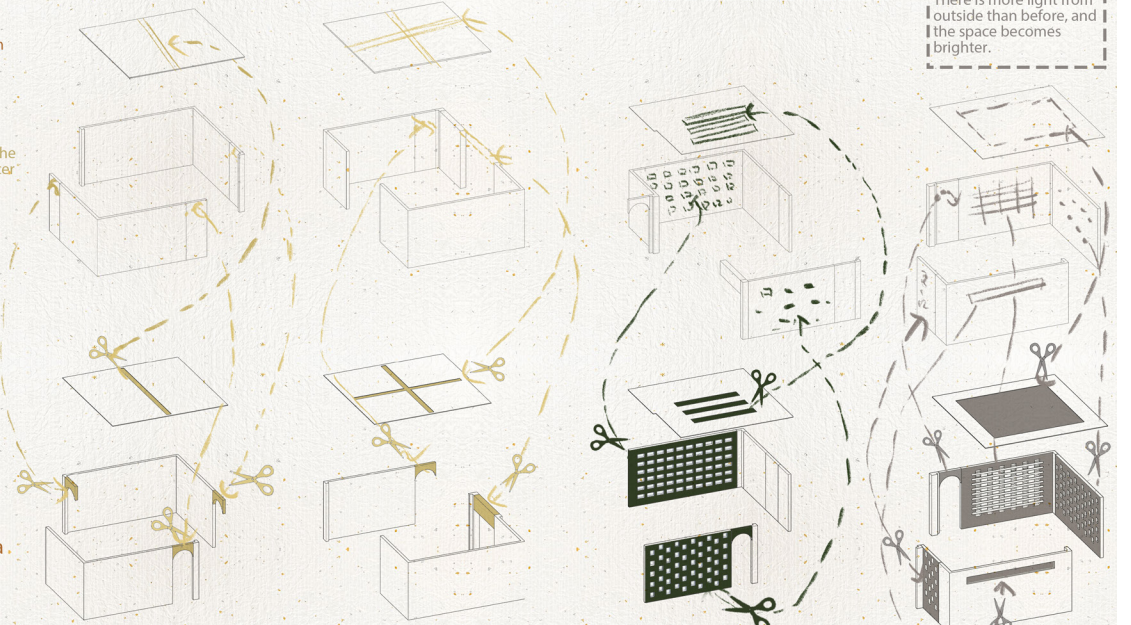
Prayer Area

This space is a little brighter than the first, and is made of softer materials, such as glasses concrete blocks overlaid with polycarbonate.

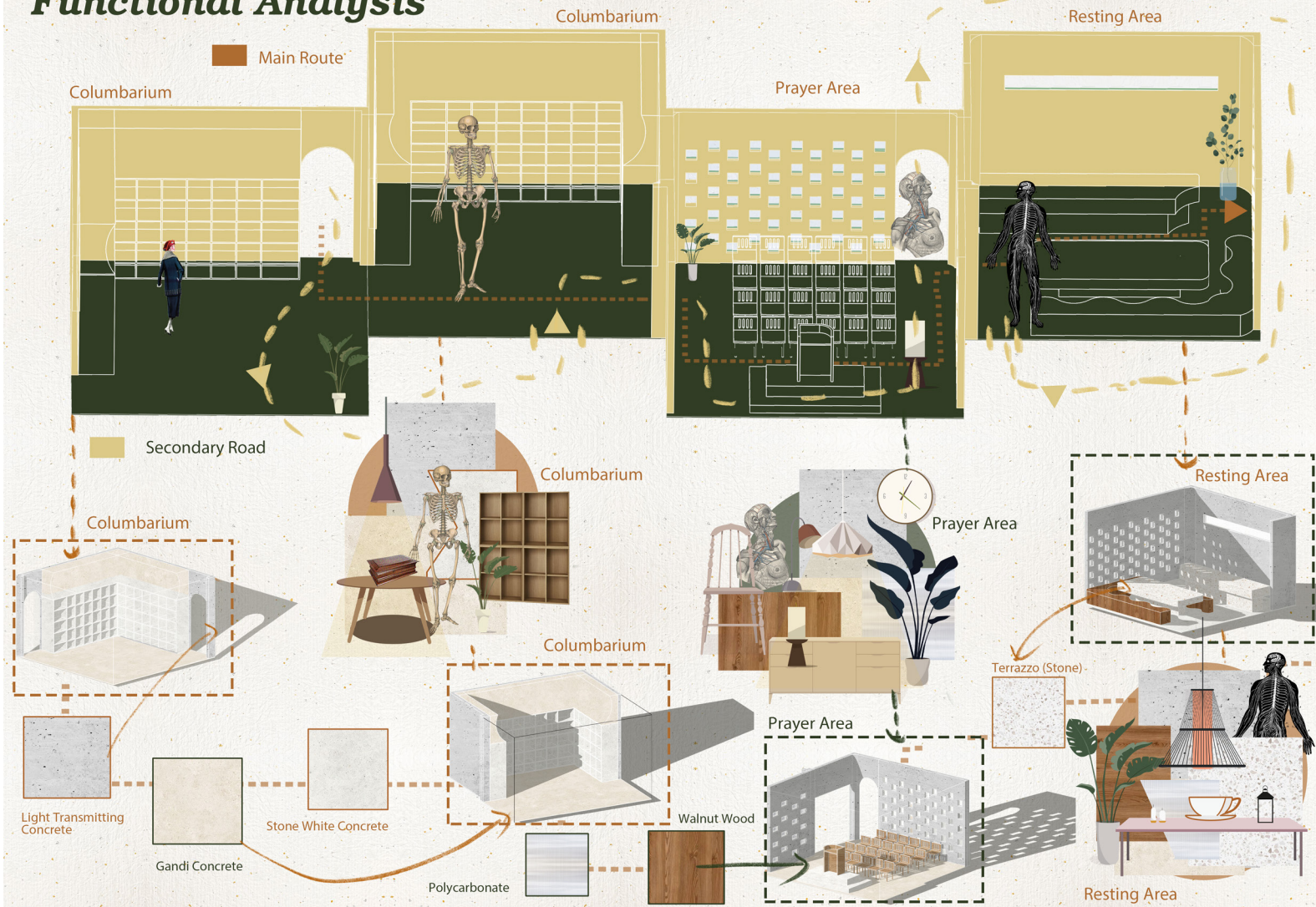


Resting Area

The whole space is a little brighter than the second, made almost entirely of polycarbonate and glass. There is more light from outside than before, and the space becomes brighter.



Functional Analysis

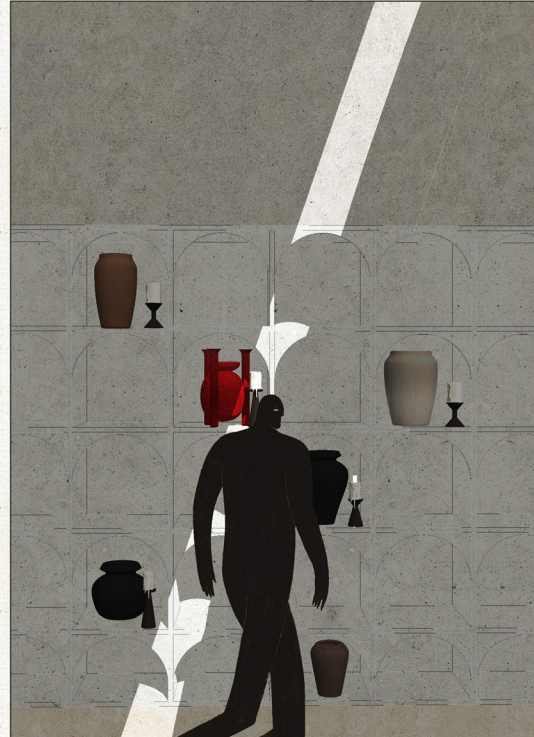


Outcomes



Outcomes

Columbarium
People place their ashes here.



Prayer area
Then they moved forward to listen to the priest's prayer



Prayer area
Then they moved forward to listen to the priest's prayer



Resting area
Or maybe sit down and just sit in a quiet area and just look out the window with a hot cup of tea.



2: Interactive Memorial Wall Space

After the first area, we came to the second area of this project.

This is a memory sharing wall, presented in the form of a biased installation.

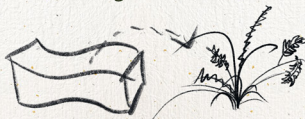
The names of the deceased are engraved on the wall with a tree in the center, and each wall comes with a stone seat surrounded by plants.



1: Memorial wall-Birth



2: Planing Area-Growth



3: Putting Area-Aging



4: Collating Area-Death



Spatial Generation

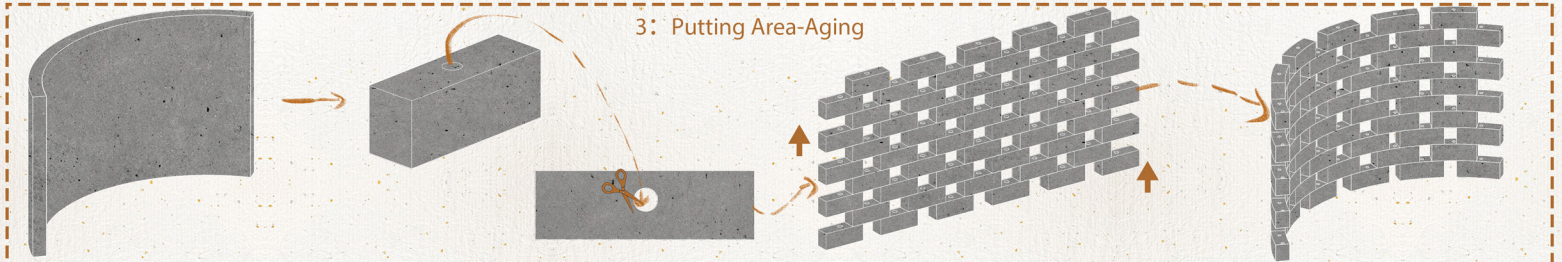
1: Memorial wall-Birth.



2: Planing Area-Growth.



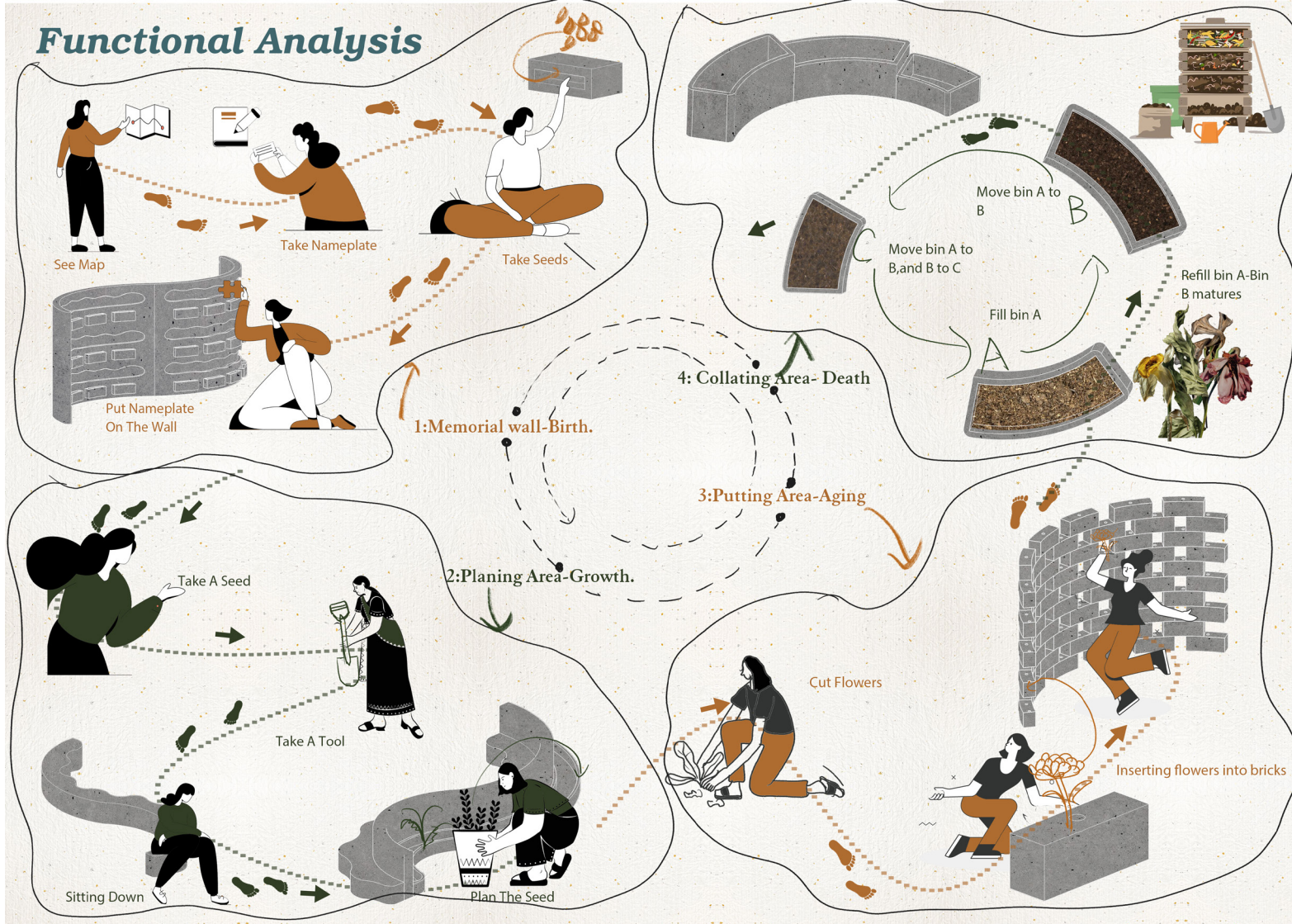
3: Putting Area-Aging



4: Collating Area-Death



Functional Analysis



Outcomes



Birth

The first wall is the Memorial Plaque Wall, representing "Life." Below each empty slot, there is a small box containing the seeds of the deceased's favorite plant. Anyone can take these seeds to the second wall for planting.



Growth

The second wall is a Planting Area, symbolizing "Growth." Various plants are cultivated here, growing continuously over time. Visitors can plant seeds here and prune plants that are near the end of their life cycle, taking these cuttings to the third wall.

Aging

The third wall is a Flower Wall, representing "Aging." It is built from stacked bricks, each with a small hole where visitors can place the trimmed flowers. They can also remove wilted flowers and place them in the fourth wall.



Death

The fourth wall is a Compost Area, symbolizing "Death." Visitors place the wilted flowers in this composting area, where they will be turned into fertilizer, nourishing the seeds planted on the first wall.

3: Multi-Sensory Healing Space

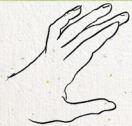
This is the third area of this project.
A multi-sensory relaxation area that combines the senses of smell, sound, and touch in a healing space and is a cladding that extends from the ground to the roof, which will be covered in grass to blend in with the environment.



1: Smelling

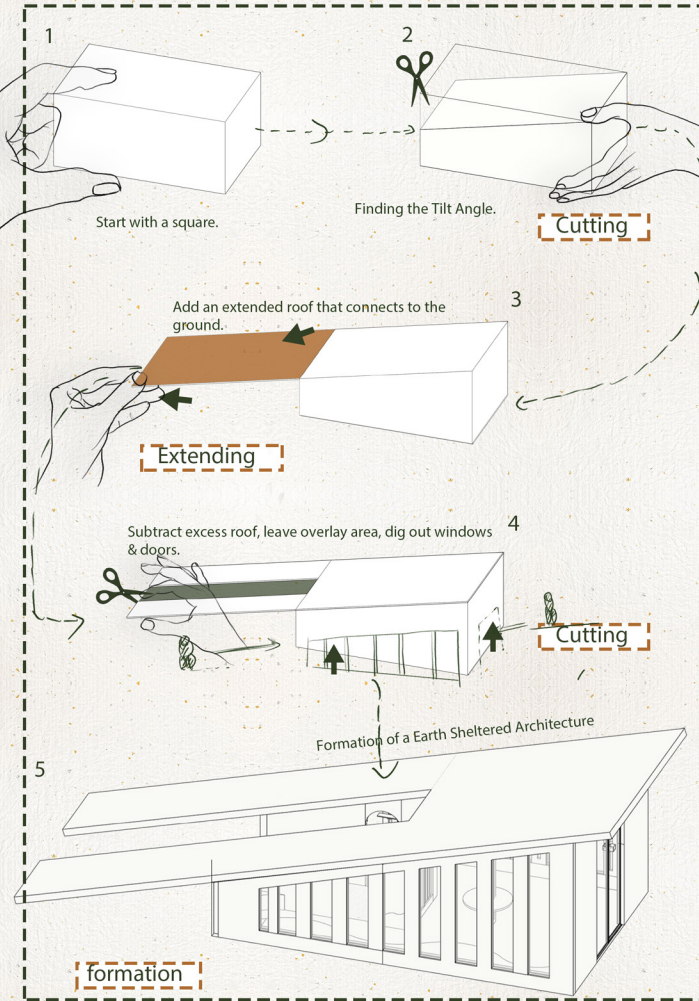


2: Healing

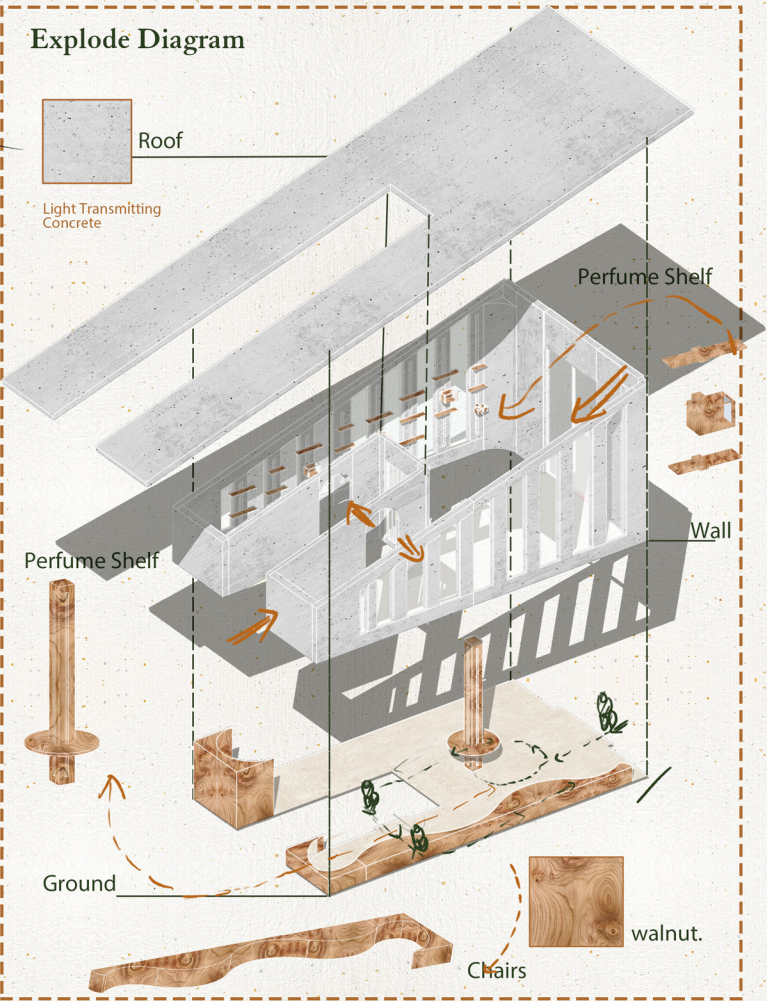


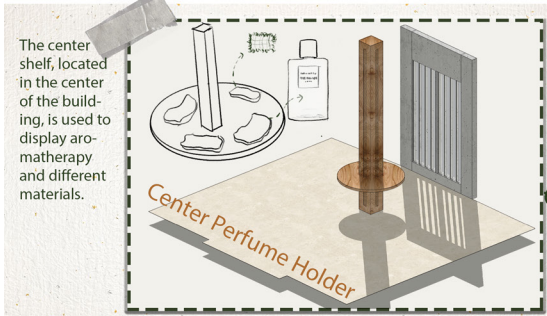
3: Touching

Spatial Generation .



Explode Diagram

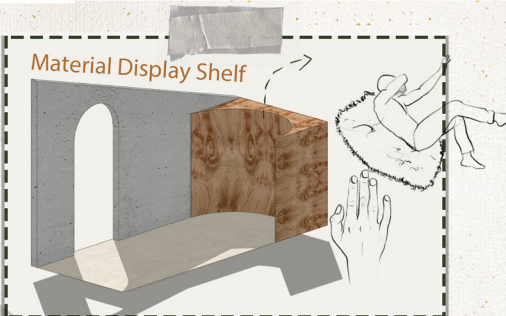
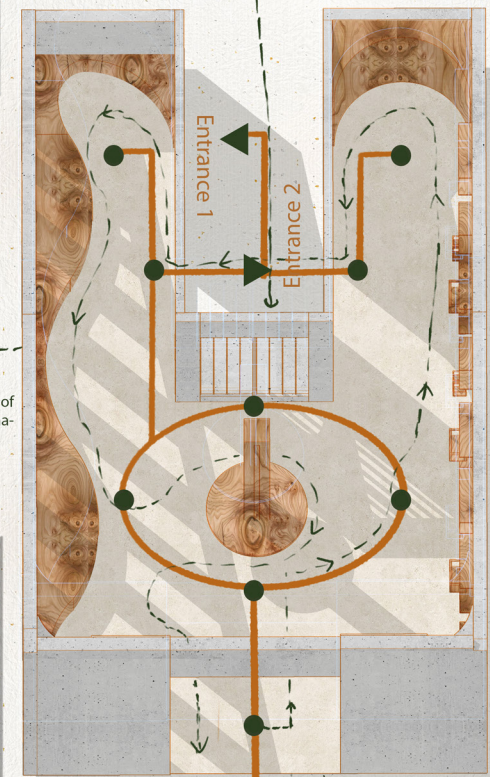




The center shelf, located in the center of the building, is used to display aromatherapy and different materials.

Center Perfume Holder

Functional Analysis



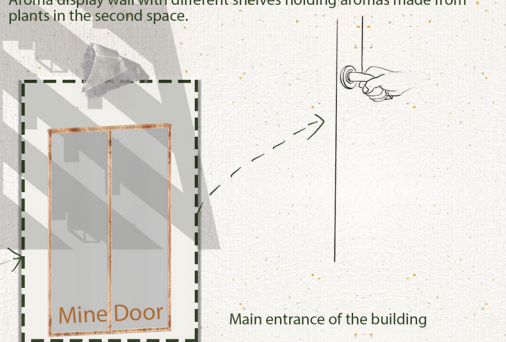
Material Display Shelf

Used to display a wall of material about the deceased.



Aromatherapy Shelf

Aroma display wall with different shelves holding aromas made from plants in the second space.



Mine Door

Main entrance of the building



Resting Area

A lounge area made of different materials



Material Interactive Wall

A material wall made up of different materials that people can put in about the deceased.



Outcomes

This is the third space, approaching the "Scent Space," I see how it blends seamlessly with the landscape, as if emerging from nature itself to provide comfort. I take a deep breath, and the scents of various plants fill the air, subtly awakening emotions. Layered with textures that evoke memories of loved ones, this space offers a soothing connection, wrapping me in warmth and reassurance.

Outcomes

Touch is directly connected to human emotions and the sensory system. Through physical contact, it conveys warmth, care, and comfort, significantly impacting both mental and physical health. This wall is designed based on materials brought by family members that relate to the deceased, such as the deceased's favorite blankets or fabrics, which are then transformed into comforting items.

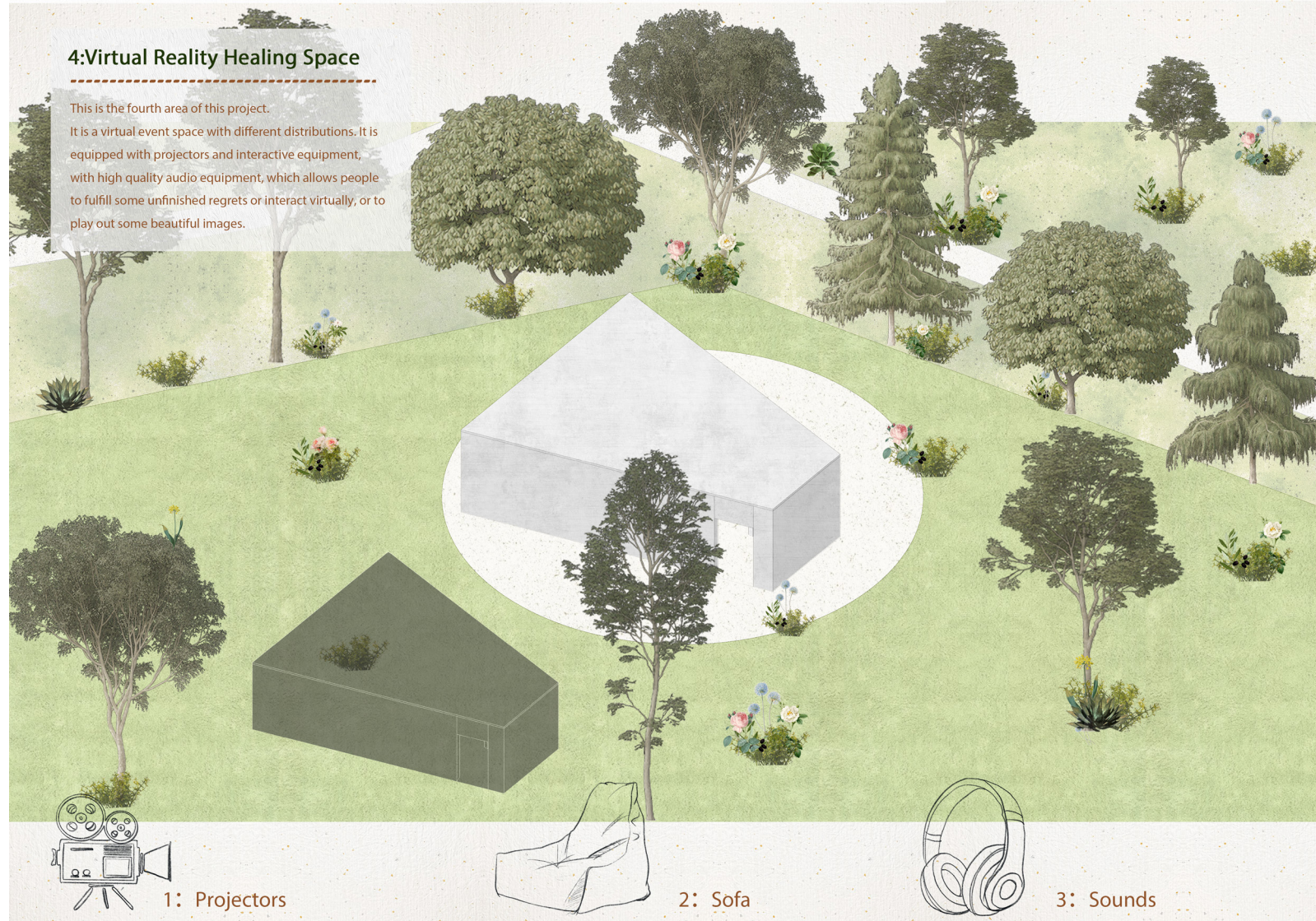


Smell plays a healing role primarily through its direct connection to the brain's emotional processing areas. Based on plants representing the deceased in the second space, various essential oils and scents are created. This wall is inspired by aromatherapy, where healing effects are achieved through the sense of smell, which directly interacts with the brain's emotional centers.



4:Virtual Reality Healing Space

This is the fourth area of this project. It is a virtual event space with different distributions. It is equipped with projectors and interactive equipment, with high quality audio equipment, which allows people to fulfill some unfinished regrets or interact virtually, or to play out some beautiful images.



1: Projectors

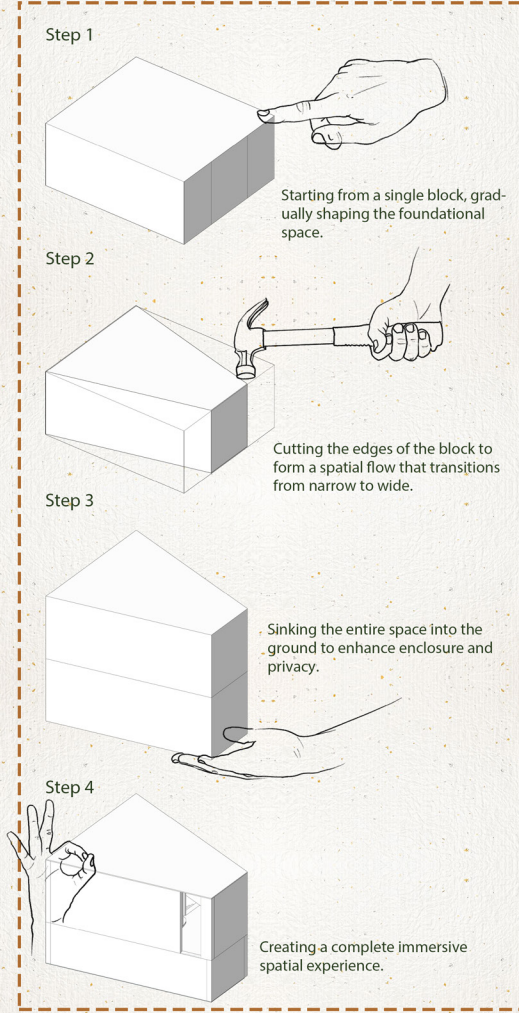


2: Sofa

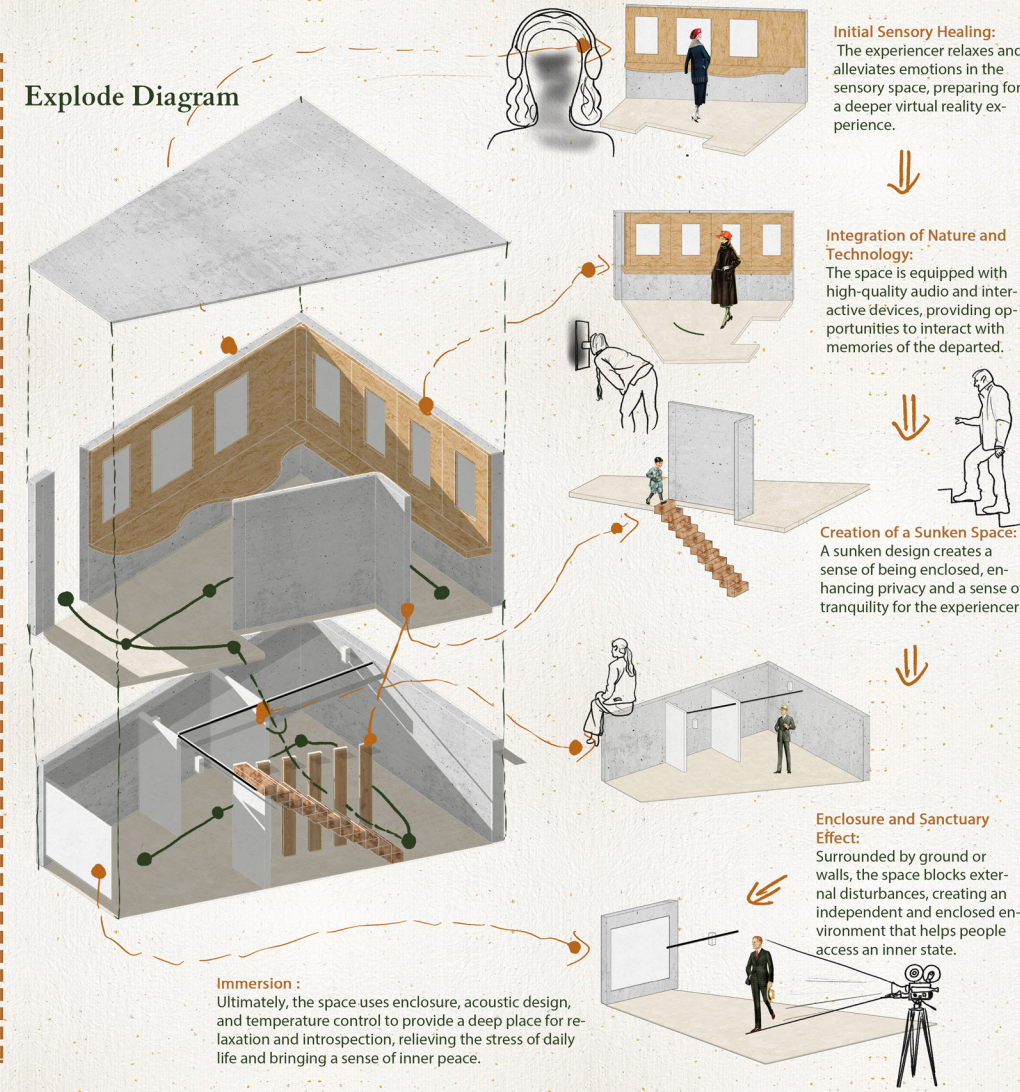


3: Sounds

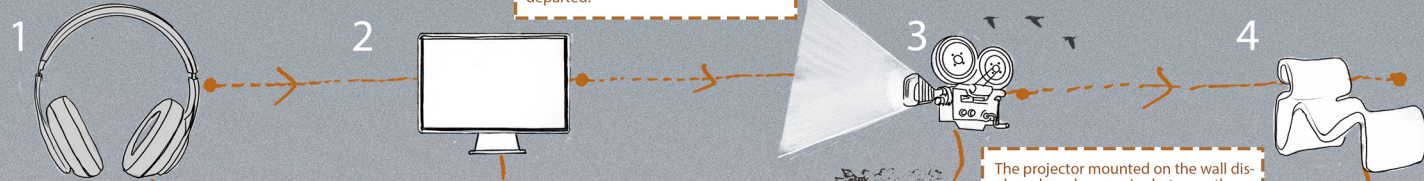
Spatial Generation .



Explode Diagram



Functional Analysis



Headphones on the shelf, aiding the experimenter in initial sensory healing.

The screen in front allows people to experience interactive moments with the departed.

The projector mounted on the wall displays shared memories between the experimenter and the departed.

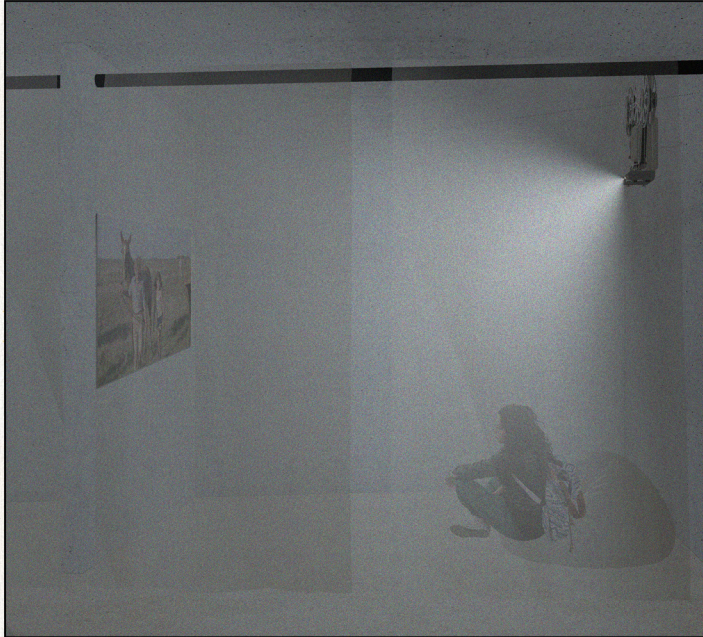
An ergonomically designed reclining chair provides a sense of enclosed safety within the sunken space.



Outcomes

I follow the map went to the "Speak Space," I feel a gentle embrace from the sunken design, enveloped by earth and quiet. The architecture sinks naturally into the ground, providing a haven of peace. Soft lighting and immersive soundscapes invite me to relax deeply, guiding me inward to connect with memories and feel the presence of those who have passed, within this secure, private space.

Outcomes



Underground Area-Cinema Room

After the sensory spaces, visitors enter the virtual reality space, a sunken area designed to create a unique sense of enclosure and privacy, providing psychological peace and relaxation. This is also a way to reach deep inner healing; after experiencing sensory therapy, visitors are given a personal space that feels sufficiently private.

Sunken spaces often evoke a natural *“sense of enclosure”*, surrounded by earth or structures, enhancing feelings of *“safety”* and *“privacy”*. This spatial seclusion helps shield from external distractions, creating an isolated environment that encourages individuals to engage deeply with their inner state.

5:Veting Spcae

After experiencing the virtual reality space, experiercer enter the final stage of the therapy, a dedicated emotional release area. Based on Catharsis Theory, this space provides opportunities for writing, painting, and recording. Here, experiercer can release their emotions through these creative outlets. Also, this space is located around the play area of the cemetery.

People vent in the space.



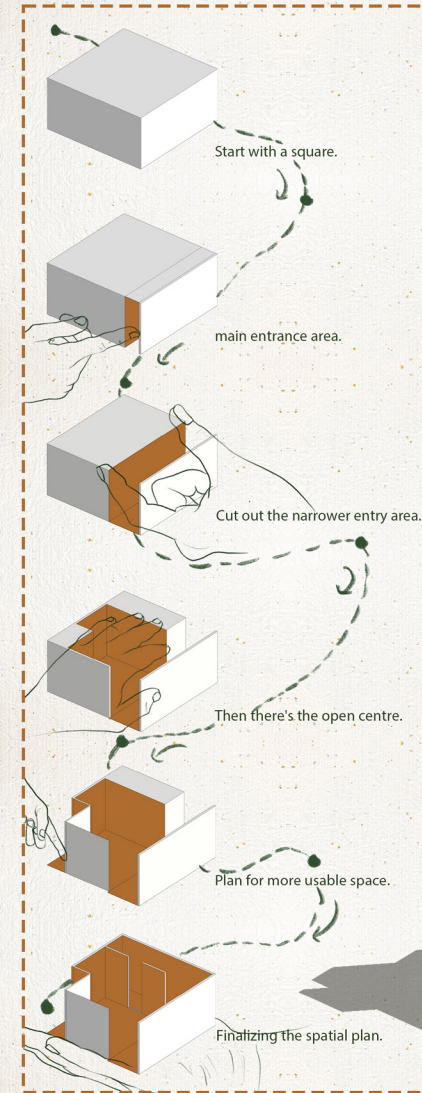
1: Wariting



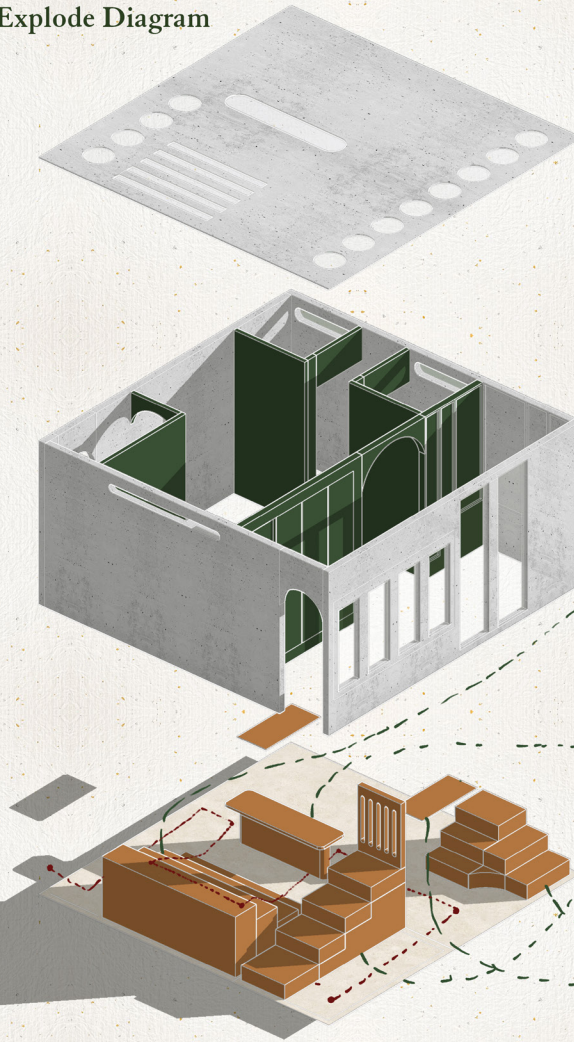
2: Recording



3: Painting







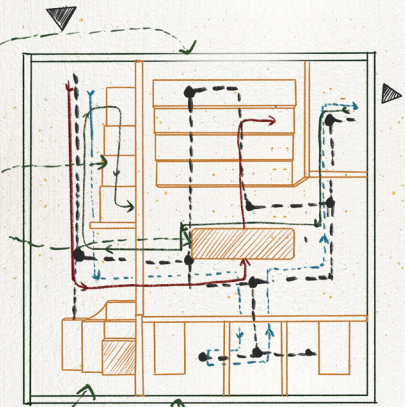
Explode Diagram



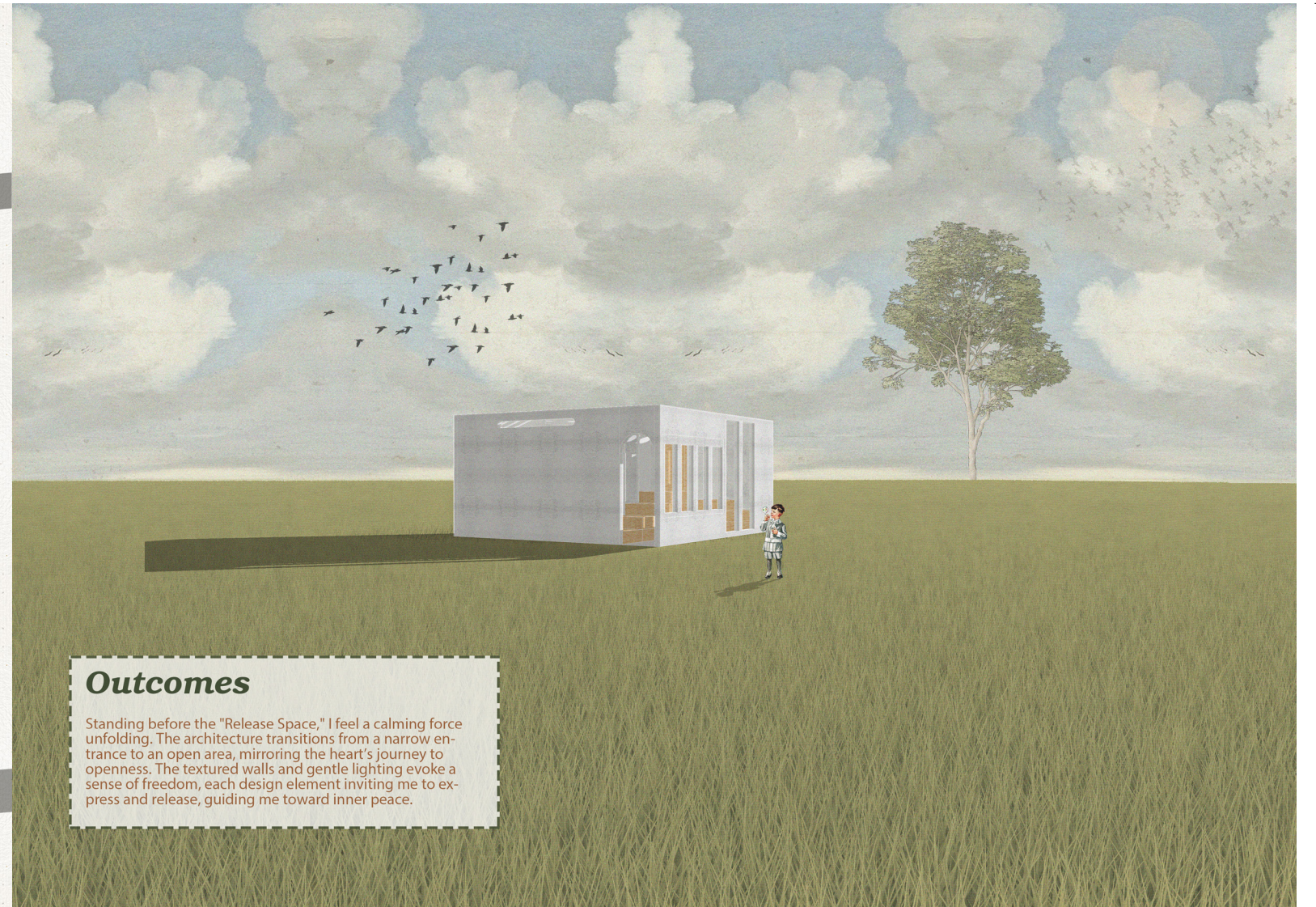
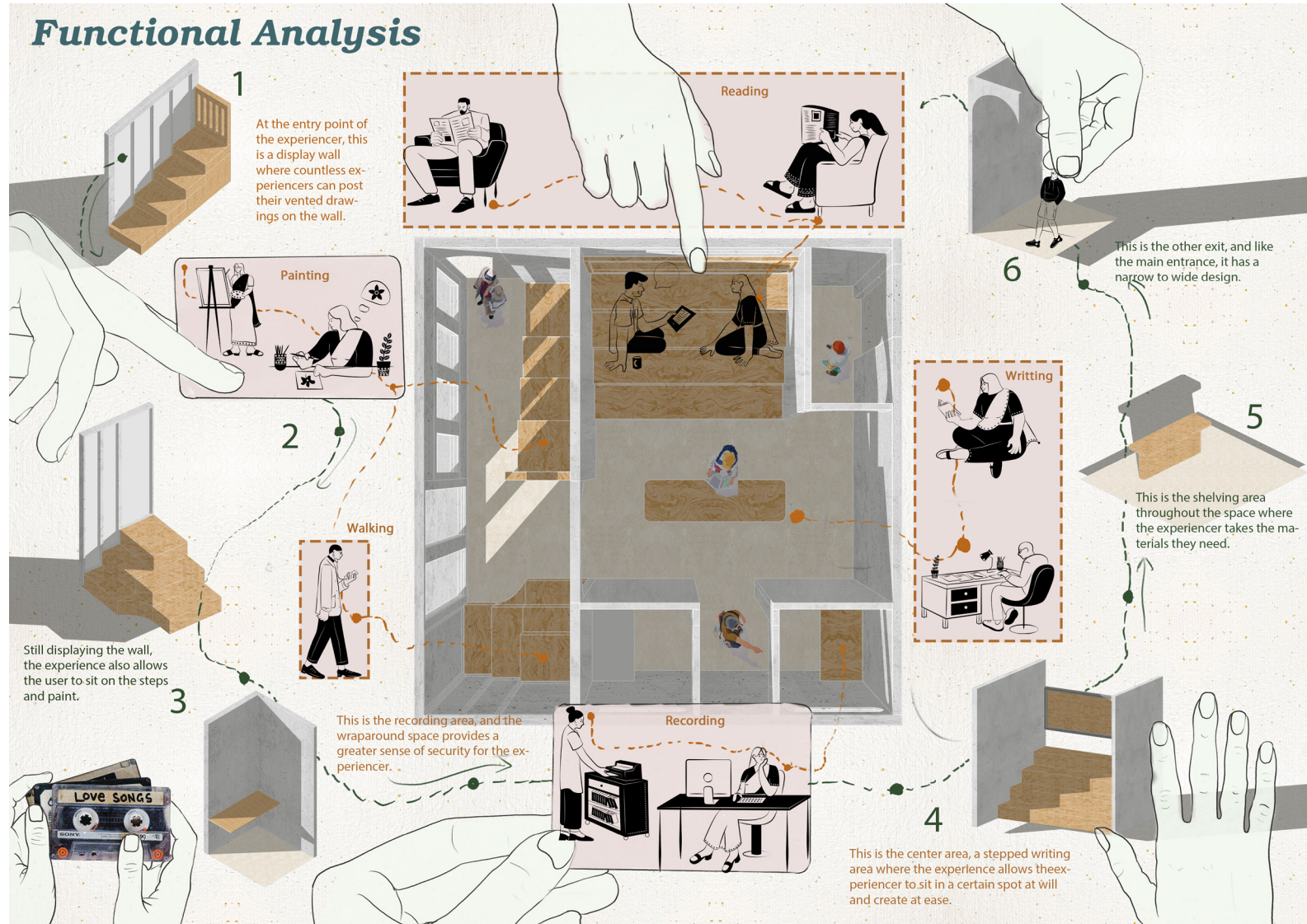
Spatial Generation

The emotional release space is designed with three areas for writing, painting, and recording, inspired by Catharsis Theory. As participants move through the space, its narrow-to-wide structure symbolizes an emotional journey from inner tension to openness. Drawing on Art Therapy and Environmental Psychology, the space encourages expression and emotional release, providing relaxation and mental healing.

-  Main Route
-  Route of recording
-  Route of writing
-  Route of Painting



Functional Analysis



Outcomes

Standing before the "Release Space," I feel a calming force unfolding. The architecture transitions from a narrow entrance to an open area, mirroring the heart's journey to openness. The textured walls and gentle lighting evoke a sense of freedom, each design element inviting me to express and release, guiding me toward inner peace.

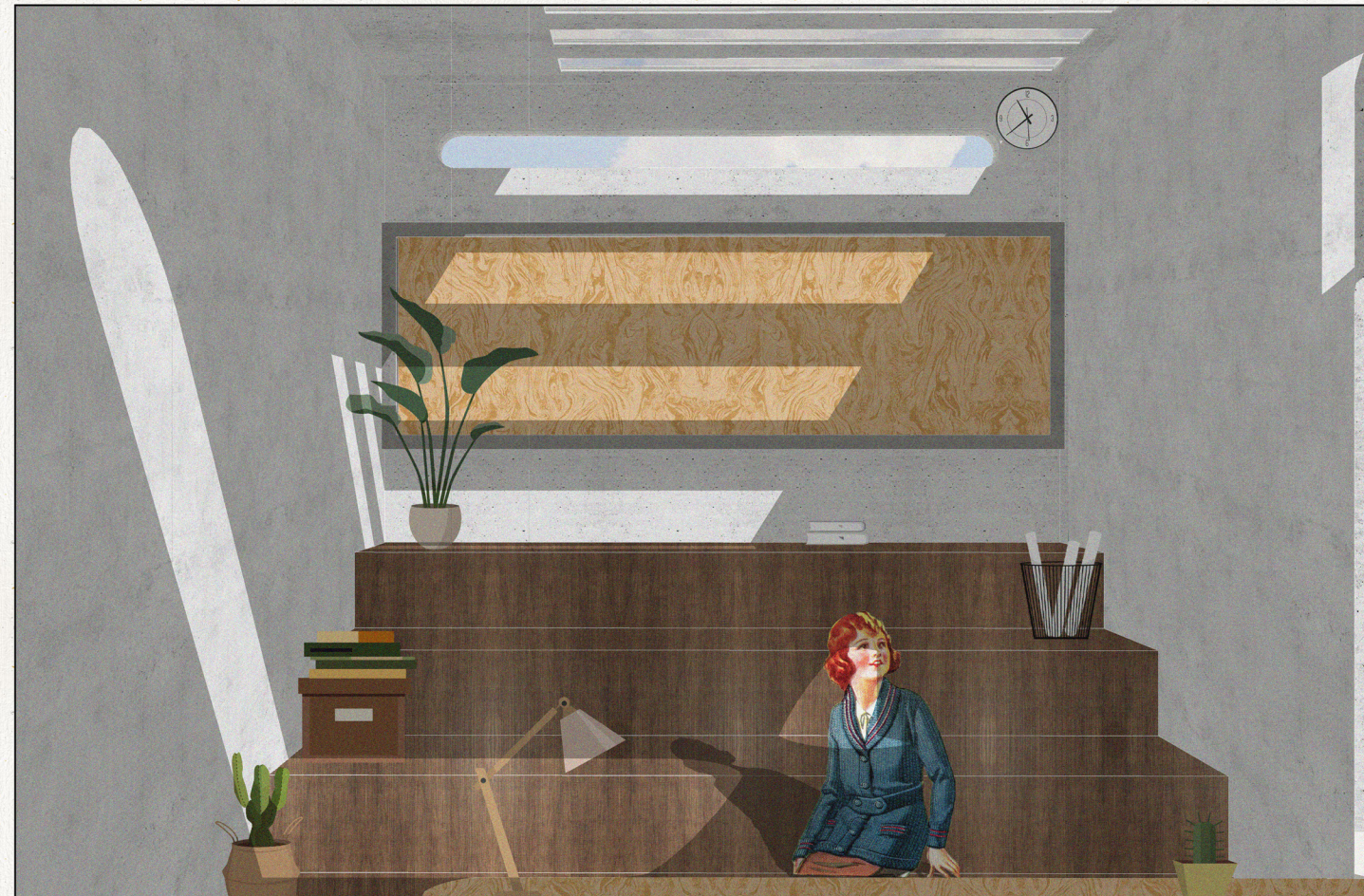
After experiencing the virtual reality space, visitors enter the final stage of the therapeutic journey: a designated emotional release area where they can express their feelings through writing, drawing, or recording. Here, they are given the opportunity to release and process their emotions.

Indeed, a release space offers a certain healing effect, as it enables individuals to release pent-up negative emotions through physical activity or emotional expression, achieving mental relaxation and relief. This space is divided into three sections: a writing area, a drawing area, and a recording area. The space is designed to transition from narrow to wide, symbolizing the gradual opening and healing of one's inner self.



Entrance

Outcomes



Writing Area

THANK YOU

